



## **Local Recovery Organization Launches New MAT Clinic in Sparta**

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Sparta, TN ? ReVIDA® Recovery is a local addiction recovery organization focused on providing medication-assisted treatment (MAT) for opioid use disorder (OUD). They strive to provide care for as many people with OUD as possible. They have facilities located throughout Virginia and Tennessee, including a new location in Sparta, which opened in early March of 2025.

?No two people share the same story, and your treatment path may look different than the peers surrounding you. At ReVIDA® Recovery, we understand this concept and tailor each plan to match the patient's needs. You are not a number ? you are a person who deserves the best care that helps you leave opioids behind for good,? the website begins.

During treatment at ReVIDA® Recovery?s Sparta location, patients meet with three key team members. Each client is assigned a MAT doctor to help them decide on the medication that works best for their recovery. Patients will be able to ask questions and adjust their treatment over time.

Patients will also be assigned a care coordinator. Care coordinators collaborate with clients to find resources

to help them recover. These resources include housing, childcare, SNAP, and employment support.

Additionally, patients will meet regularly with a trained therapist who specializes in OUD recovery. In therapy, patients will better understand the relationship between their thoughts, feelings, and actions. With the help of their therapist, they'll identify harmful thought patterns and develop healthy coping strategies, empowering them to succeed in recovery.

Opioid use disorder doesn't begin overnight or from taking only a single dose. As the person begins taking opioids, the brain begins to change. The medications or substances bind to opioid receptors in the brain, creating feelings of euphoria and blocking pain.

As use continues, the brain gets used to this response and begins to dull its natural responses. Dopamine is part of the brain's reward system, and over time, as opioid use disorder progresses, the brain stops naturally producing this chemical. Opioids become the only thing that makes the person feel good.

When the brain goes through this, it has developed a dependence on opioids. When opioids are not in the system, the brain will send signals indicating a need for more. These signals present as withdrawal symptoms, including flu-like symptoms, nausea, muscle tension, and joint pain. Withdrawal is uncomfortable and causes intense cravings, often leading to a return to use. The cycle of dependence and withdrawal is the marker for an opioid use disorder, the website continues.

MAT works by reducing the intensity of withdrawal symptoms, like muscle aches, watery eyes, runny nose, and intense anxiety. Medication will also improve cravings and reduce the likelihood of a return to use. This way, patients can focus on other parts of recovery, like therapy and improving their quality of life.

You are capable of leaving opioids behind and beginning anew. ReVIDA® Recovery will be by your side every step of the way. Through our Suboxone treatment and therapy options, you will have all the tools necessary to find success in your recovery.

Our priority is to guide you along your path, helping you relearn your passions and goals. You are a person, not a disorder. Our team is here to provide empathy and quality care while you start this new chapter of your life, the website concludes.

ReVIDA® Recovery has extensive experience treating OUD throughout Appalachia. To receive MAT, all clients must also participate in outpatient therapy sessions. ReVIDA® Recovery provides treatment options for both Suboxone and Sublocade. They know MAT is successful in treating OUD because they've seen it

save lives. To learn more about ReVIDA® Recovery, call 423-631-0432 or visit their website.

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For more information about ReVIDA® Recovery Sparta, contact the company here: ReVIDA® Recovery Sparta  
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## **ReVIDA® Recovery Sparta**

*Beginning the treatment process at ReVIDA® Recovery involves meeting with our compassionate care team. These meetings last around 15-50 minutes and will get you started on the recovery journey.*

Website: <https://www.revidarecovery.com/locations/sparta-tn/>

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