Li & Liao Expands Dry Eye Services at Brimhall Location

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BAKERSFIELD, CA - July 01, 2025 -
Bakersfield, CA ? Li & Liao Optometry has announced the official launch of expanded dry eye treatments at its Brimhall Road office in Northwest Bakersfield. The new initiative highlights the introduction of Low-Level Light Therapy (LLLT), a non-invasive treatment now offered alongside the clinic?s ongoing Intense Pulsed Light (IPL) treatment services. Li & Liao chose the Brimhall location due to its clinical infrastructure, experienced staff, and record of managing complex ocular surface disease.

?Dry eye is not only frustrating, it can dramatically impact a person?s daily quality of life,? said Dr. Dawson Li, O.D., co-founder and practicing optometrist at Li & Liao Optometry. ?By expanding our capabilities at Brimhall, we can provide more targeted relief for patients whose symptoms haven?t responded to over-the-counter treatments. For some, the combination of IPL and LLLT makes all the difference.?

Dry eye disease affects millions of Americans and often stems from inflammation, meibomian gland dysfunction, or environmental triggers. While artificial tears and topical medications can relieve symptoms, they often fall short in addressing the underlying causes. LLLT offers an alternative for patients who need something more effective, using specific wavelengths of light to reduce inflammation, stimulate cellular repair,

and improve the function of blocked meibomian glands.

By addressing the oil layer of the tear film, LLLT can help prevent evaporation and improve ocular comfort over time. The treatment is particularly beneficial for patients whose symptoms stem from gland obstruction or chronic inflammation. When paired with IPL, which targets inflammation in the surrounding skin and treats vascular irregularities near the eyelids, patients benefit from a comprehensive, surface-level and deep-tissue approach to care.

Li & Liao strategically focused these services at Brimhall. As the most advanced of the practice?s three Bakersfield clinics, the Brimhall office features diagnostic and therapeutic equipment that delivers both precision and consistency in dry eye care. The location has earned a reputation for managing stubborn and long-term ocular surface conditions, and this new treatment aims to build on that foundation.

?We often meet patients who have lived with dry eye for years, sometimes decades,? said Dr. Li. ?They've tried drops, gels, and even prescription ointments, but those only go so far. With the technology we now have at Brimhall, we can finally address the core dysfunction, not just cover up symptoms.?

A variety of lifestyle and medical factors, including screen exposure, contact lens use, hormonal changes, autoimmune disease, and environmental stressors, can cause dry eye disease. Despite diverse causes, most cases share a common outcome: an unstable tear film and chronic discomfort. The LLLT and IPL services that Li & Liao now provide at Brimhall form part of a broader effort to help patients find longer-term relief through medical-grade, root-cause treatments.

Li & Liao?s new technology also reflects a growing trend in optometry: combining aesthetic and therapeutic technologies to treat traditionally stubborn eye conditions. Dermatologists originally developed both LLLT and IPL for skin rejuvenation and dermatological procedures. Ophthalmologists have adopted these technologies due to their ability to target inflammation and encourage tissue regeneration without surgery.

Li & Liao?s Brimhall Road office currently welcomes new evaluations for patients who may benefit from dry eye treatment. Appointments are available six days a week, including Saturdays, and both new and existing patients can schedule a consultation by calling (661) 449-9106 or visiting bakersfieldeyedoc.com.

About Li & Liao Optometry

Li and Liao Optometry is a reputable eye care practice founded in 2001 by Drs. Dawson Li and Yuh-Jen Liao. With a commitment to being true partners in eye care, the practice offers comprehensive eye care services using state-of-the-art technology. With a large optical selection in-office, Li & Liao Optometry also offers

myopia control options for children, and advanced dry eye treatment, as well as more novel technology such as Neurolens®. Their skilled optometrists and compassionate team members have built strong relationships and delivered exceptional care throughout California for years, serving patients in the northwest, central, and southwest Bakersfield communities.

For more information about Li and Liao Optometry, visit https://bakersfieldeyedoc.com.

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For more information about Li & Liao Optometry - Northwest Bakersfield, contact the company here:Li & Liao Optometry - Northwest BakersfieldDr. Dawson Li(661) 218-2784icansee@bakersfieldeyedoc.com9820 Brimhall RoadBakersfield, CA 93312

Li & Liao Optometry - Northwest Bakersfield

It?s important to us that your eye doctor is just as devoted to your patient experience as they are to your eye health. That?s why we?ve built a team of optometrists who respect your time and walk you through every solution.

Website: https://bakersfieldeyedoc.com/eye-doctor-northwest-bakersfield/

Email: icansee@bakersfieldeyedoc.com

Phone: (661) 218-2784

DAWSON T. LI, O.D.
YUH-JEN LIAO, O.D.