



## Treatment Programs We Offer:

- ✔ 30-60 Day Detox/Res/Day-Night/IOP/Aftercare
- ✔ 21-Day Detox/Res
- ✔ 5-10 Day Detox Only
- ✔ Outpatient Only With or Without Residence
- ✔ MAT (Suboxone Maintenance Program)
- ✔ Length of Stay can be Flexible

We have 3 inpatient and 17 outpatient locations throughout Florida

[SEE THE WEBSITE FOR DETAILS](#)

# WhiteSands Orlando Earns Praise as the Top Choice for ?Alcohol & Drug Rehab Near Me? in Winter Garden, Oakridge, and Dr. Phillips

*July 08, 2025*

ORLANDO, FL - July 08, 2025 - PRESSADVANTAGE -

A major announcement comes this summer as WhiteSands Alcohol & Drug Rehab confirms its Orlando location as one of the most trusted treatment programs in Central Florida. Located at 56 E Pine St, Orlando, FL 32801, the facility continues to redefine the patient recovery experience with a compassionate approach, a highly trained staff, and a healing environment that promotes lasting wellness. For people across Winter Garden, Oakridge, and Dr. Phillips searching for honest answers and long-term support, WhiteSands has become the go-to destination for those looking for ?alcohol & drug rehab near me? with proven success and genuine care.

Patients' voices provide the most powerful endorsement of the Orlando rehab program?s excellence. Nicole G., a former resident of WhiteSands? sober living in Orlando, describes the experience in a heartfelt review: ?WhiteSands sober living is great! The staff here, Damaris and Julie, truly care about us and go above and beyond to ensure we have what we need. They truly care about us and our sobriety and keep our house sober, happy, and drama-free! It was a great choice to come here as we are like a family and support each other. Alicia, our therapist, is also wonderful, and I enjoy the IOP groups we attend as well. It was a really

good choice to come here to WhiteSands sober living!?

That sense of family, respect, and community makes the Orlando location unique in Florida's treatment landscape. From the moment patients walk through the doors, they are met with personalized attention and professional guidance rooted in dignity and care. At WhiteSands, the focus is on creating a life that is not only free from substance use but also full of purpose, balance, and renewed confidence.

For those beginning their journey, alcohol detox is often the first step. At WhiteSands' inpatient locations, patients receive a medically supervised detox process that is safe, comfortable, and carefully monitored. The center's medical team ensures that every stage is handled with precision, reducing risks and helping the brain and body stabilize. The process prepares people physically and emotionally for the following stages of recovery, and it is delivered in a supportive setting where trust is built and healing begins.

Following detox, patients have access to an array of treatment options, including inpatient care, intensive outpatient programs, and sober living support. Each program is tailored to meet the person's specific needs, with licensed therapists and trained counselors working one-on-one with patients to develop healthy coping strategies, improve communication skills, and rebuild life structure. The group therapy sessions, such as the IOP groups Nicole mentioned, provide a sense of belonging and shared purpose that keeps patients engaged and motivated.

People from Winter Garden to Dr. Phillips looking for alcohol or drug rehab will find that WhiteSands combines medical excellence with a holistic philosophy. Services include life skills training, relapse prevention strategies, wellness education, and access to therapeutic activities that promote mental and physical well-being. Patients are also encouraged to participate in goal-setting and aftercare planning, helping them build a clear and sustainable path forward.

The Orlando center offers a comfortable, contemporary environment that promotes focus and stability. The staff at WhiteSands are more than just professionals—they're advocates and mentors, walking side by side with each patient through every challenge and breakthrough. From front desk coordinators to licensed clinicians, each person at the facility is dedicated to supporting recovery in the most compassionate and empowering way possible.

WhiteSands is also known for its sober living accommodations, which offer structure and accountability while maintaining a warm, home-like atmosphere. These residences are carefully managed to maintain safety, respect, and a sense of community. As Nicole pointed out, the culture in sober living at WhiteSands Orlando is one of encouragement and connection. Staff members like Damaris and Julie are frequently highlighted in

reviews for their unwavering support and leadership, which helps residents maintain their sobriety and a positive outlook on life.

Patients who come to WhiteSands often describe the experience as transformative. What begins as a search for alcohol rehab near me or treatment center ends with people discovering a new way to live?one rooted in clarity, control, and meaningful progress. This combination of clinical care, personal attention, and genuine community makes WhiteSands stand out as a leading substance abuse center not just in Orlando, but in all of Central Florida.

For people in Oakridge, Winter Garden, and Dr. Phillips who are ready to take the first step, WhiteSands Alcohol & Drug Rehab Orlando offers immediate help and hope. From day one through every stage of treatment, the facility is designed to provide patients with the tools, confidence, and guidance they need to reclaim their lives and move forward with purpose.

To learn more about the services provided at the Orlando location or to schedule a confidential consultation, visit their website. Discover what it means to be part of a recovery center that treats people like family, delivers exceptional care, and helps each patient build a life that is truly their own. WhiteSands Orlando continues to raise the standard for what alcohol & drug rehab near me should mean?compassionate, professional, and deeply committed to lasting results.

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For more information about WhiteSands Alcohol & Drug Rehab Orlando, contact the company here:WhiteSands Alcohol & Drug Rehab OrlandoRyan Monesson(407) 255-2351rmonesson@wstreatment.com56 E Pine St, Orlando, FL 32801

## **WhiteSands Alcohol & Drug Rehab Orlando**

*WhiteSands Alcohol & Drug Rehab Orlando is the leading addiction treatment center in Orlando Florida. Specializing in providing a full continuum of care. From detox and rehab to after care and alumni support.*

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