Dr. Demetris Stavrou and the European Institute of Plastic Surgery in Limassol Announce Upcoming Launch of Advanced Tummy Tuck 360 Procedure

July 10, 2025

Limassol, Cyprus - July 10, 2025 -
LIMASSOL, CYPRUS ? July 11, 2025 ? The European Institute of Plastic Surgery (EIPS), under the direction of distinguished and board-certified plastic surgeon Dr. Demetris Stavrou, is pleased to announce the forthcoming introduction of an innovative and comprehensive body contouring service at its Limassol branch: the Tummy Tuck 360. This advanced procedure represents a significant enhancement of the institute's already extensive suite of plastic and reconstructive surgery services, promising a more holistic approach to abdominal rejuvenation.

For many individuals, achieving a flat and well-defined midsection can be a persistent challenge, even with a consistent diet and exercise regimen. Factors such as significant weight loss, pregnancy, or the natural aging process can lead to stubborn pockets of fat, loose and sagging skin, and weakened abdominal muscles. These concerns often extend beyond the front of the abdomen, affecting the flanks, hips, and lower back, creating a desire for a more comprehensive solution. Traditional abdominoplasty, while effective for the anterior abdomen, may not fully address these circumferential issues. The upcoming Tummy Tuck 360 service at the European Institute of Plastic Surgery is specifically designed to meet this need, offering a more complete and harmonious transformation of the entire torso.

The Tummy Tuck 360 is an advanced surgical procedure that combines the principles of a standard tummy tuck with circumferential liposuction to sculpt the abdomen, waist, and lower back in a single, integrated operation. This 360-degree approach allows for the addressing of excess skin and fat from all angles, creating a more balanced and natural-looking contour. The procedure is meticulously tailored to the individual's unique anatomy and aesthetic goals, ensuring that the results are both beautiful and proportionate to their overall physique. By addressing the entire midsection, the Tummy Tuck 360 can create a more defined waistline, a flatter stomach, and a smoother, more toned back, resulting in a significantly

improved silhouette.

The European Institute of Plastic Surgery has long been recognized for its commitment to patient safety, exceptional results, and the use of cutting-edge surgical techniques. The introduction of the Tummy Tuck 360 is a testament to this ongoing dedication to providing the most advanced and effective treatments available. The Limassol branch is equipped with state-of-the-art technology and adheres to the highest standards of medical care, ensuring a safe and comfortable experience for every patient. The institute?s philosophy is centered on a personalized approach, with comprehensive consultations and individualized treatment plans to address each patient's specific concerns and desired outcomes.

Dr. Demetris Stavrou, the founder and lead surgeon of the European Institute of Plastic Surgery, brings a wealth of experience and a keen artistic eye to every procedure. His extensive training and board certifications are a testament to his expertise in the field of plastic and reconstructive surgery. The decision to introduce the Tummy Tuck 360 aligns with the institute's mission to offer services that not only enhance physical appearance but also contribute to a patient's overall sense of well-being and confidence. This new service is particularly beneficial for individuals who have undergone significant weight fluctuations, such as post-bariatric surgery patients or women who have experienced multiple pregnancies, as it addresses the comprehensive changes that can occur in the midsection.

"My goal at the European Institute of Plastic Surgery has always been to provide our patients with the most advanced and effective procedures to help them achieve their aesthetic aspirations in a safe and supportive environment," stated Dr. Demetris Stavrou. "The introduction of the Tummy Tuck 360 is a natural evolution of our body contouring services. I am seeing an increasing number of patients seeking a more comprehensive solution to address the changes in their midsection. This procedure not only allows me to remove excess skin and fat but also to truly sculpt the entire torso, creating a more harmonious and natural-looking silhouette. It's about enhancing the body's natural contours and helping my patients feel more confident and comfortable in their skin. I believe this service will make a significant difference for many individuals seeking a profound and lasting transformation."

The Tummy Tuck 360 procedure at the European Institute of Plastic Surgery involves the careful removal of excess skin and fat from the abdomen, flanks, and lower back, as well as the tightening of the underlying abdominal muscles. This comprehensive approach ensures a more dramatic and aesthetically pleasing result than can be achieved with a traditional tummy tuck alone. Patients considering this procedure can expect a thorough consultation with Dr. Stavrou to discuss their goals, assess their suitability for the surgery, and develop a personalized surgical plan tailored to their needs. The institute is committed to providing detailed pre- and post-operative care instructions to ensure a smooth recovery and optimal long-term results.

The European Institute of Plastic Surgery in Limassol remains a premier destination for individuals seeking

high-quality plastic and reconstructive surgery. The upcoming launch of the Tummy Tuck 360 service further solidifies its position at the forefront of the field, offering a sophisticated and comprehensive solution for those looking to reshape and rejuvenate their midsection.

About the European Institute of Plastic Surgery: The European Institute of Plastic Surgery (EIPS), led by Dr. Demetris Stavrou, is a premier clinic specializing in comprehensive cosmetic and reconstructive surgery procedures. With a focus on patient safety, advanced surgical techniques, and natural-looking results, the institute is committed to helping patients achieve their aesthetic goals. The Limassol branch offers a state-of-the-art facility and a team of highly skilled professionals dedicated to providing personalized care.
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