



## **Boston Plastic Surgery Introduces NAD+ Injections for Enhanced Vitality and Wellness**

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BOSTON, MA?Boston Plastic Surgery is excited to announce the addition of NAD+ injections to the Boston medspa?s wellness services. The practice is well known for their expertise in delivering transformative aesthetic procedures and now offers this cutting-edge therapy to support cellular health, boost energy, and promote overall well-being. With NAD+ injections, Boston Plastic Surgery continues its commitment to providing innovative, holistic treatment options to help their patients thrive.

?What excites us most about offering NAD+ therapy is seeing the way it brightens our patients? lives,? said Dr. Fouad Samaha, board-certified plastic surgeon and founder of Boston Plastic Surgery. ?Whether it?s feeling sharper at work, having the energy to enjoy time with family, or simply waking up feeling refreshed. Adding NAD+ injections to our practice allows us to offer a wellness solution that is proven to help patients improve some of the most important areas of their lives.?

NAD+ (nicotinamide adenine dinucleotide) is a coenzyme found naturally in the body that plays a crucial role in cellular function, DNA repair, and energy metabolism. NAD+ levels naturally decrease with age, which can lead to diminished cellular function, fatigue, and increased vulnerability to oxidative stress. By replenishing

these essential molecules through NAD+ injections, Boston Plastic Surgery helps patients restore youthful vitality and improve their overall health.

"Our goal is to offer treatments that support patients' health at every level," explained plastic surgeon Dr. Alannah Phelan. "NAD+ injections are a safe, natural, and effective way to boost energy, enhance cognitive function, and promote healing. We are especially excited to offer this treatment to our Boston patients as an anti-aging solution and for post-surgical healing support."

The benefits of NAD+ therapy are extensive. By supporting cellular repair and enhancing mitochondrial function, NAD+ aids in cellular detoxification and optimal energy production while reducing cellular stress. Patients often experience sharper focus, improved memory, and enhanced mood as NAD+ replenishes the brain's natural energy reserves and supports cognitive function. Additionally, NAD+ therapy supports healthier aging by facilitating cellular repair and reducing oxidative stress to help patients maintain a vibrant, youthful appearance.

The benefits of NAD+ therapy extend beyond aesthetics and cognitive wellness; it also supports hormone balance and sexual health. NAD+ may help enhance sexual desire and performance, particularly for individuals experiencing age-related decline. Furthermore, NAD+ therapy is highly effective in supporting surgical recovery and healing. It promotes tissue regeneration, reduces oxidative damage, and enhances overall cellular health, providing a smoother recovery experience. NAD+ can also optimize adrenal and thyroid function to help improve mood, energy, and long-term cognitive health.

Unlike many wellness clinics or online providers offering NAD+ therapy, Boston Plastic Surgery takes a personalized approach to each patient's care plan. Treatments are administered as subcutaneous injections, with most patients beginning a regimen of three injections per week to optimize results. Every patient receives a comprehensive consultation to confirm that NAD+ therapy aligns with their unique health goals and lifestyle.

"The beauty of NAD+ therapy is its ability to meet patients where they are," Dr. Phelan added. "It's a treatment that adapts to their unique needs and goals, whether that's recovering from surgery, boosting energy, or simply feeling their best each day. We are so pleased to be able to help our patients reconnect with their vitality."

Those interested in NAD+ therapy can schedule a consultation by calling Boston Plastic Surgery Skin + Wellness at 617-767-0071. To learn more about NAD+ injections and the practice's full range of wellness and aesthetic services, visit Boston Plastic Surgery's website.

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For more information about Boston Plastic Surgery, contact the company here: Boston Plastic Surgery Dr. Fouad Samaha 617-786-7600 info@bostonplastic.com 2300 Crown Colony Dr Suite 101, Quincy, MA 02169

## **Boston Plastic Surgery**

*Board-certified plastic surgeon Dr. Fouad Samaha has practiced plastic surgery in the Boston area since 1993. He offers cosmetic procedures and non-surgical treatments at Boston Plastic Surgery alongside Dr. Alannah Phelan and a medical spa team.*

Website: <https://www.bostonplastic.com/>

Email: [info@bostonplastic.com](mailto:info@bostonplastic.com)

Phone: 617-786-7600

