European Institute of Plastic Surgery Expands Tummy Tuck Services with Overnight Recovery at The Surgery Center ? 3i in Nicosia

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NICOSIA, CYPRUS ? The European Institute of Plastic Surgery (EIPS) has announced the expansion of its abdominoplasty services, commonly referred to as tummy tuck procedures, to include overnight recovery at The Surgery Center ? 3i in Nicosia. This strategic development aims to enhance post-operative care for patients across Cyprus, while addressing the increasing demand for abdominal contouring procedures following weight loss, pregnancy, or age-related skin laxity.

Recognised for its commitment to surgical excellence and patient-focused care, EIPS is now offering a comprehensive surgical pathway for abdominoplasty, which includes pre-operative evaluation, advanced surgical techniques, and monitored overnight recovery. While consultations will continue to be available in Limassol, Larnaca, and Paphos, the centralised surgical and overnight care in Nicosia ensures a safe, controlled environment for patients requiring complex abdominal procedures.

Abdominoplasty involves the removal of excess skin and fat from the abdominal region, often accompanied by the repair of weakened or separated abdominal muscles. The result is a flatter, firmer abdominal profile,

often accompanied by improved core stability and posture. Given the extent of tissue manipulation involved, the initial recovery period is a critical phase requiring professional supervision to minimise complications and ensure optimal healing.

With the integration of overnight care at The Surgery Center ? 3i, EIPS now offers an enhanced level of clinical oversight immediately following surgery. The facility features private recovery rooms, continuous monitoring by medical personnel, and dedicated post-operative protocols designed to support the body?s natural healing process while providing patients with maximum comfort and reassurance during the early stages of recovery.

A spokesperson for the European Institute of Plastic Surgery stated, ?The decision to expand abdominoplasty services with overnight recovery options reflects the institute?s broader mission to prioritise patient safety and outcomes. Tummy tuck procedures are among the most transformative in plastic surgery, and careful management during the first 24 hours is key to supporting long-term results.?

EIPS has observed an increase in demand for abdominoplasty procedures, particularly among individuals who have undergone major weight changes or experienced changes to the abdominal area following pregnancy. Many of these patients report discomfort, functional limitations, or dissatisfaction with their body image. The institute?s approach to tummy tucks is tailored to each patient?s anatomy, goals, and medical history, often involving both cosmetic and functional considerations.

The overnight stay protocol is especially beneficial for patients undergoing full abdominoplasty or combined procedures, such as liposuction with muscle repair. The Surgery Center ? 3i allows EIPS to monitor patients closely for early signs of complications, adjust pain management strategies, and assist with mobility as needed. This controlled environment reduces the burden on patients and their families while helping to ensure a smoother transition to home-based recovery.

The spokesperson added, ?Providing overnight recovery care not only enhances safety but also allows patients to feel supported at a vulnerable stage in their surgical journey. It enables the clinical team to manage post-operative needs in real-time and respond promptly to any concerns that may arise.?

Patients from across Cyprus, including Limassol, Larnaca, and Paphos, now have easier access to consultations and surgical scheduling through EIPS?s decentralised appointment system. Once cleared for surgery, patients travel to Nicosia for their procedure and overnight stay, after which follow-up care is coordinated based on location and patient preference. This model supports both accessibility and consistency in care delivery, ensuring that patients receive the same high standards regardless of their city of residence.

Abdominoplasty at EIPS is performed by qualified surgeons using advanced techniques that prioritise tissue preservation, symmetry, and minimal scarring. Post-operative care is structured to guide patients through gradual resumption of activity, wound care, and follow-up assessments. The comprehensive care pathway also includes patient education and clear post-discharge instructions to promote long-term success.

The expansion of overnight recovery services is part of EIPS?s ongoing investment in surgical infrastructure and patient wellbeing. By offering monitored recovery within The Surgery Center ? 3i, the institute reaffirms its position as a leader in comprehensive plastic surgery services in Cyprus. This latest development demonstrates EIPS?s continued commitment to integrating surgical expertise with modern care environments tailored to the specific needs of each procedure.

Through this expanded offering, the European Institute of Plastic Surgery continues to set benchmarks in surgical safety, clinical accessibility, and high-standard patient care across Cyprus. Patients interested in learning more about tummy tuck procedures or scheduling a consultation can visit https://eips.com/ or contact the institute directly by phone. The team at EIPS is available to guide prospective patients through each step of the process, from initial consultation to recovery planning, ensuring personalised, professional support at every stage.

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European Institute of Plastic Surgery

European Institute of Plastic Surgery (EIPS) is a plastic surgery clinic, led by the Plastic Surgeon Demetris Stavrou. Dr. Demetris Stavrou performs a wide range of plastic surgeries, from facials to body, breast & other skin treatments.

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