Carrot LASIK & Eye Center Brings Relief to Patients with Blepharitis Using the Latest FDA-Approved Treatments

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Blepharitis, a chronic condition that causes inflammation of the eyelids, affects millions of people across the United States. Despite being common, it is frequently underdiagnosed or mistaken for other eye conditions such as conjunctivitis or styes. At Carrot LASIK & Eye Center in Mesa, Arizona, a team of experienced eye care professionals is committed to offering accurate diagnosis and effective treatment for this frustrating and persistent condition. By combining clinical expertise with advanced technology and the latest pharmaceutical options, Carrot LASIK & Eye Center is providing much-needed relief to patients dealing with the daily discomfort of blepharitis.

Blepharitis is not a single disease, but rather a group of conditions that result in inflammation at the base of the eyelashes or the inner eyelid. It can be categorized into anterior blepharitis, which affects the outside front of the eyelid, and posterior blepharitis, which involves the inner eyelid and meibomian glands. Common symptoms include red, itchy eyelids, crusting or flaking around the lashes, watery eyes, a burning or gritty sensation, and even blurred vision that improves with blinking. Though rarely dangerous, blepharitis can interfere with daily comfort, make contact lens use difficult, and contribute to more serious issues if left

untreated.

The team at Carrot LASIK & Eye Center, led by Matthew Hammond, M.D., Michael Herion, M.D., Emily Shortridge, M.D., and Blake Henson, O.D., takes a comprehensive approach to diagnosing and managing blepharitis. Every case begins with a careful examination to identify the underlying causes, which can range from bacterial overgrowth and clogged oil glands to skin conditions such as seborrheic dermatitis or rosacea. In recent years, one specific form of the condition?Demodex blepharitis?has gained increasing attention for its prevalence and the unique challenges it presents. Caused by an overpopulation of Demodex mites in the eyelash follicles, this type of blepharitis is often resistant to traditional therapies.

To address Demodex blepharitis, Carrot LASIK & Eye Center offers XDEMVY®, the first and only FDA-approved prescription eye drop specifically developed to treat this form of the condition. In clinical trials, 50% of patients using XDEMVY saw a reduction in collarettes?waxy debris along the base of the lashes?while 60% experienced full eradication of the Demodex mites. Treatment involves applying one drop per eye, twice a day, for six weeks. Most patients tolerate the drops well, and the benefits can be significant for those who have been living with persistent symptoms. The addition of this therapy underscores Carrot LASIK & Eye Center?s commitment to adopting innovative treatments that make a measurable difference in patient outcomes.

Patient education is a core component of care at Carrot LASIK & Eye Center. The practice emphasizes the importance of recognizing signs early and seeking professional help rather than relying on over-the-counter remedies or ignoring persistent irritation. Many people experience recurring styes, blurred vision, or eyelid swelling without realizing these symptoms could be related to chronic blepharitis. Others may confuse the condition with conjunctivitis and pursue inappropriate treatments. A professional evaluation can distinguish between these diagnoses and provide a path forward that restores comfort and clarity.

In addition to managing symptoms, Carrot LASIK & Eye Center helps patients explore contributing factors that may worsen their condition. For example, some studies suggest that omega-3 fatty acid intake may support meibomian gland health. Addressing underlying skin conditions, minimizing exposure to allergens, and adjusting daily habits like screen time or makeup use can all contribute to a better prognosis. The practice?s comprehensive care model integrates medical treatment, patient education, and lifestyle recommendations for a more complete and lasting approach to eye health.

The high level of care at Carrot LASIK & Eye Center is reflected in patient feedback. Reviews consistently highlight the clinic?s advanced technology, short wait times, and detailed consultations. Patients frequently describe the facility as modern, welcoming, and exceptionally well-equipped. One recent patient shared that visiting Carrot LASIK & Eye Center felt like ?a child in a candy shop? due to the level of innovation and attentiveness they experienced. Comments also praise the professionalism of the physicians

and the courteous support staff, reinforcing the center?s reputation for excellence in patient-centered care.

As awareness of blepharitis grows and new treatments like XDEMVY become available, Carrot LASIK & Eye Center remains at the forefront of offering solutions that deliver both relief and long-term results. Reporters interested in covering emerging trends in ophthalmology, the impact of Demodex mites on eye health, or the growing use of targeted biologics in eye care are encouraged to contact the team for more information or to request an interview with one of the physicians. The eye center?s continued investment in innovation and education makes it a valuable resource for stories that intersect medical advancement, patient experience, and public health.

Carrot LASIK & Eye Center encourages anyone experiencing signs of blepharitis?such as red, swollen eyelids, crusted lashes, or unexplained eye irritation?to seek professional care. Early diagnosis and the right treatment approach can prevent complications and restore comfort. As more patients learn that lasting relief is possible, the practice continues its mission of improving lives through better vision and compassionate, customized care.

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For more information about Carrot LASIK & Eye Center, contact the company here:Carrot LASIK & Eye CenterCarrot LASIK(480) 561-6000info@carroteyecenter.com1500 S Dobson Rd #313, Mesa, AZ 85202

Carrot LASIK & Eye Center

Carrot LASIK & Eye Center led by Dr. Matthew Hammond and Dr. Michael Herion, offers vision correction procedures like LASIK, PRK, RLE, and EVO ICL, and treats medical conditions such as glaucoma and contact lens intolerance.

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