Local Rehab Publishes Video Highlighting Tampa Facility

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July 7, 2025: Tampa, FL ? Clean Recovery Centers is a local addiction rehab and mental health treatment facility that recently published a YouTube video highlighting their excellent accommodations in Tampa. The program at Clean has helped hundreds to get clean, live clean, and stay clean.

?Whenever you check yourself into any rehabilitation, remember you could be on the streets. Nick is an awesome owner. Cathy is a wonderful therapist. And Patrick is my favorite BHT. Lunch is provided every day. The facility is very clean and spacious. Bring cash or a card because there is a vape machine where you can purchase cigarettes and vapes. My advice: don?t ask multiple techs for the same *fill in the blank* instead I recommend finding one that you really like and always going to them for anything because if you ask every tech, they will assume someone else is working on it and your request/problem/question will be delayed much longer. Grocery shopping helps teach me some money management, and I recommend using the notebooks provided during groups to get the most out of your experience. Keep your paperwork and look over it because some of the worksheets are helpful in other aspects of your life that are not alcohol/drug-related, such as emotional regulation, CBT, etc.

Take advantage of visitation if you are from the area, however, if you?re coming from out of state, I understand it may be harder. However, your friends and family can make or break your recovery,? one reviewer mentions.

The program at Clean Recovery Centers is designed into a unique, three-phase approach. The first phase is known as preparation and includes a fully supervised medical detox and residential stay. The dedicated and compassionate team at Clean will ensure each client is comfortable throughout the detox process and clear-minded as they head into their treatment path.

After phase one is complete, clients move into the action phase. During this time, those on the substance use disorder treatment path have the choice to reside in Clean Recovery Center?s day and night housing or return home each evening after treatment. Clients on the mental health path will enter another form of residential housing. During the day, a rigorous schedule of therapies, skill-building classes, and recreational activities will take place, all of which support recovery.

?This place saved my existence and mental health. I've unfortunately been to many treatment centers, but this treatment center is the only one that incorporates therapy, trauma, and mental health, alongside a recovery 12-step program education, unlike any other I've seen. This place saved my life, and I'm on my way to an amazing life with lots of healing and a great aftercare plan. Thanks, Clean and Brian and Jaime especially,? another reviewer expresses.

After phase two, clients transition into the third and final phase, known as maintenance. Clean Recovery Centers offers housing at this stage, but it is not required. Continued therapy, coping skill techniques, and 12-step meetings are all part of phase three. Once the program is complete, clients will be welcomed into the active alumni community, which includes a Facebook group and various events held around the Tampa area.

Clean Recovery Centers has multiple locations along the Suncoast, providing quality substance use disorder and mental health treatment options. The Tampa facility, as well as its others, provides housing that is certified by the Florida Association for Recovery Residences (FARR), ensuring all accommodations exceed industry standards.

To learn more about Clean Recovery Centers, call (888) 330-2532 or visit their website.

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For more information about Clean Recovery Centers - Tampa, contact the company here:Clean Recovery Centers - TampaTerri Boyer(727) 766-0503info@cleanrecoverycenters.com508 W Fletcher AveTampa FL 33612

Clean Recovery Centers - Tampa

At Clean Recovery Centers, we are committed to helping you transition from your old life of addiction into a new life of sober living. Our treatment plans help you identify and build on your strengths to create a lasting and healthy change.

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