ClearSight Highlights the Only Proven Way to Prevent Cataracts with Custom Lens Replacement

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ClearSight is drawing attention to an important development in vision correction and cataract prevention through its newly published article, How to Prevent Cataracts: One Permanent Solution is CLR. In an age where cataracts remain one of the most common age-related vision problems?affecting over 50% of people by age 65 and nearly 70% by age 75?ClearSight is educating both patients and the medical community on a solution that goes beyond managing symptoms. The article outlines why Custom Lens Replacement (CLR), also known as Refractive Lens Exchange, is the only scientifically proven way to permanently prevent cataracts while simultaneously correcting vision.

Cataracts form when proteins in the natural lens of the eye begin to break down and clump together, resulting in cloudy or blurred vision. Traditional approaches have focused on mitigating symptoms through lifestyle choices, such as wearing UV-blocking sunglasses, maintaining a healthy diet, and taking antioxidant supplements. While these steps may contribute to general eye health and delay progression slightly, peer-reviewed studies and major clinical trials?including the AREDS studies?have consistently concluded that no non-surgical intervention can stop cataracts from developing. Once cataracts begin to form, the only definitive treatment is surgical removal and replacement of the natural lens with an artificial one.

ClearSight challenges this traditional reactive approach by offering Custom Lens Replacement as a primary prevention method. In CLR, the eye?s natural lens is replaced proactively?before any cataract has formed?with an advanced intraocular lens (IOL) that is immune to the clouding process. Dr. Luke Rebenitsch, a board-certified ophthalmologist and fellowship-trained refractive surgeon at ClearSight, explains: ?When we replace the natural lens with an advanced intraocular lens, we?re not just correcting vision?we?re eliminating the tissue where cataracts develop. It?s prevention through lens replacement.?

The article emphasizes that Custom Lens Replacement provides a two-fold benefit: it corrects common age-related vision issues such as presbyopia, nearsightedness, farsightedness, and astigmatism, and it ensures that the patient will never need cataract surgery in the future. This preventive lens exchange gives patients better vision now and peace of mind for the future, removing the uncertainty and eventual need for

surgery later in life. In fact, many patients report visual clarity that exceeds what they experienced with their natural lenses in their younger years.

Unlike LASIK or other corneal procedures, CLR treats the lens itself?the part of the eye that naturally ages and leads to cataract formation. The procedure is nearly identical to cataract surgery in terms of technique and safety, but it is performed earlier, before the lens becomes clouded. This early intervention allows patients to avoid the gradual decline in vision associated with cataracts and eliminates the period of diminished quality of life that typically precedes cataract surgery. According to published clinical outcomes, CLR has a success rate of 90?99% patient satisfaction, aligning with the most trusted standards in ophthalmic surgery.

For many patients, especially those over 45 experiencing presbyopia or those with high prescriptions that make them ineligible for LASIK, CLR offers a compelling alternative. The article points out that individuals with a family history of cataracts or those seeking to ?future-proof? their vision are often ideal candidates. These patients benefit not only from better current vision but also from knowing they are no longer at risk for one of the most common causes of vision loss.

By framing Custom Lens Replacement as a proactive solution rather than a reactive treatment, ClearSight is redefining how cataract risk is managed in modern ophthalmology. Patients are no longer limited to waiting for vision to deteriorate before seeking surgical correction. Instead, they are offered a permanent, one-time solution that delivers immediate improvements and long-term protection. The approach represents a shift in how age-related vision decline is handled, providing new hope for patients who want to maintain visual clarity well into their later years.

ClearSight encourages anyone experiencing age-related vision changes?or those concerned about developing cataracts?to consider scheduling a consultation. With access to advanced diagnostic tools, a personalized lens selection process, and a team of experts committed to long-term outcomes, the clinic offers a path toward lasting vision freedom. For those seeking to avoid the gradual vision loss that comes with aging and eliminate the possibility of cataract surgery altogether, Custom Lens Replacement is the one solution that works.

Reporters looking to cover new advances in cataract prevention, refractive surgery, or age-related vision loss are encouraged to reach out for quotes, additional data, or interviews with Dr. Rebenitsch. The release of How to Prevent Cataracts: One Permanent Solution is CLR marks a timely opportunity to highlight a major shift in how ophthalmology is addressing one of the world?s most common vision problems. ClearSight remains committed to educating the public and providing solutions that align with both scientific evidence and

patient-centered care.

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ClearSight Plano

ClearSight provides LASIK in Oklahoma City, OK, and Plano, TX. We also provide Custom Lens Replacement, SMILE vision correction, ASA PRK, and EVO ICL, along with advanced cataract surgery. Vision correction for a life without limits.

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