DRAGONFLY Medical and Behavioral Health Johnson City Expands Buprenorphine Treatment Services

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JOHNSON CITY, TN - December 09, 2025 -
DRAGONFLY Medical and Behavioral Health in Johnson City announces expanded medication-assisted treatment services, emphasizing comprehensive buprenorphine treatment options for individuals struggling with opioid addiction in the Tennessee community.

The Johnson City healthcare facility has enhanced its substance abuse treatment programs to address the ongoing need for accessible addiction recovery services in the region. The expansion focuses on medication-assisted treatment (MAT) utilizing buprenorphine and other FDA-approved medications, combined with behavioral therapy and counseling services to support long-term recovery.

Dragonfly Medical and Behavioral Health specializes in treating various forms of addiction, including opioid, alcohol, and other substance use disorders. The facility's integrated approach combines medical intervention with mental health support, providing patients with comprehensive care that addresses both the physical and psychological aspects of addiction.

"Our commitment to providing accessible, evidence-based treatment remains at the forefront of everything we

do," said a spokesperson for DRAGONFLY Medical and Behavioral Health. "By expanding our medication-assisted treatment services, particularly our Buprenorphine Treatment in Johnson City, we are better equipped to serve individuals at various stages of their recovery journey. The combination of medical treatment and behavioral health support has proven effective in helping patients achieve sustainable recovery."

The facility offers both in-person and telehealth services, ensuring patients can access care through the method that best suits their needs and circumstances. This flexibility has become increasingly important as healthcare delivery continues to evolve, allowing patients to maintain consistent treatment even when facing transportation or scheduling challenges.

Medication-assisted treatment represents a critical component of modern addiction recovery. Buprenorphine, one of the primary medications used in MAT programs, helps reduce withdrawal symptoms and cravings while allowing patients to focus on the behavioral and psychological aspects of recovery. The medication works by partially activating opioid receptors in the brain, providing relief from withdrawal without producing the euphoric effects associated with opioid misuse.

The Johnson City facility's treatment approach extends beyond medication management. Patients receive individualized treatment plans that may include individual counseling, group therapy sessions, and comprehensive mental health services. This holistic methodology addresses underlying mental health conditions that often co-occur with substance use disorders, such as depression, anxiety, and post-traumatic stress disorder.

For individuals seeking to learn more about buprenorphine and its role in addiction treatment, the facility provides educational resources and consultations. The medical team works closely with each patient to determine the most appropriate treatment approach based on their specific needs, medical history, and recovery goals.

The expansion of services comes at a time when communities across Tennessee continue to grapple with the impacts of the opioid crisis. By providing accessible, comprehensive treatment options, the facility aims to reduce barriers to recovery and support individuals in rebuilding their lives.

Dragonfly Medical and Behavioral Health operates as a multi-service healthcare provider in Johnson City, Tennessee, offering substance abuse treatment, primary care services, mental health support, and group therapy programs. The facility accepts various payment methods and works with patients to understand their insurance coverage options for treatment services.

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Dragonfly Medical and Behavioral Health in Johnson City, TN offers primary care, substance abuse treatment, and counseling services. We welcome TennCare Medicaid and Virginia Medicaid patients. Visit our website for more information.

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