

Hope Village LLC Now Offering 30 Minute Introductory Consultations

March 28, 2016

March 28, 2016 - PRESSADVANTAGE -

Multicultural counselors, Hope Village LLC, occupying an office space in Century Office Park, is offering no charge 30-minute individual, couples or family therapy consultations.

Hope Village, LLC provides multicultural and Christian counseling for individuals, couples and families in a safe and caring environment that will enable them to comfortably work through and discover solutions to their problems.

Providing problem-solving skills, Hope Village uses enhanced coping strategies for issues such as depression, anxiety, relationship troubles, unresolved childhood issues, grief, stress management, body image issues and creative blocks. Hope Village seeks to help manage personal growth, interpersonal relationships, family concerns, marriage issues, and the hassles of daily life.

"With compassion and understanding, we work with our clients to help them build on their strengths and attain the personal growth they are committed to accomplishing," says founder Rosella Collins-Puoch.

Collins-Puoch holds over 20 years of experience in individual, couples, family and group therapy. She holds a doctoral degree in pastoral community counseling from Argosy University, and a masters degree in Clinical Social Work from the University of St. Thomas/College of St. Catherine. She is a Licensed Independent Clinical Social Worker (LICSW).

"My therapeutic approach is to provide support and practical feedback to help clients effectively address personal life challenges. I integrate complementary methodologies and techniques to offer a highly personalized approach tailored to each client's needs. With compassion and understanding, I work with each individual to help them build on their strengths and attain the personal growth they are committed to accomplishing," says Collins-Puoch.

Each therapy session at Hope Village is unique and caters to each individual and their specific goals.

Sessions are commonly scheduled in a series of weekly sessions, where each session lasts around fifty minutes. Therapy at Hope Village can be short-term, focusing on a specific issue, or longer-term, addressing more complex issues or ongoing personal growth.

?If you?re looking for extra support and guidance through a challenging situation or you are just ready to move in a new direction in your life, we can help you to achieve your goals,? says Collins-Puoch.

JGM Properties works with nearly 500 business tenants, including Home Village LLC, to provide office, warehouse, and retail space for rent in Minnesota. JGM Properties was founded in 1980 and owns and manages the Century Office Park office building, as well as 20+ other suburban Minneapolis warehouse, and office space properties. To learn more about available commercial real estate in Minnesota for lease check out the JGM website:

<http://www.jgmproperties.com/properties-list/properties>

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