

Safety First Training Ltd. Revamps Working at Heights Refresher Course to Enhance Workplace Safety

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Safety First Training Ltd., known for its comprehensive safety training solutions, has recently made updates to its Working at Heights Training Certification course, emphasizing its vital role in helping to keep workplaces in Ontario safe. This course complies with the standards set by the Chief Prevention Officer of Ontario and is a must for any employer with workers who operate at elevated heights. It not only fulfills legal needs but also supports a safety-first mindset, aiming to lower the number of injuries and deaths caused by falls from heights.

Safety First Training provides onsite training courses that range from Fire Safety and Extinguisher Training Certification to Aerial Boom Lift (Genie Boom) Training Certification, ensuring that workplaces can meet specific safety standards directly on their premises. These practical hands-on courses complement the Working at Heights Training by providing a well-rounded educational approach to safety.

For over 30 years, Safety First Training has been committed to raising workplace safety standards through its

detailed training programs. The Working at Heights course is a testament to this dedication, ensuring that employees gain the knowledge and skills necessary to protect themselves and their coworkers in potentially risky situations.

The course focuses on teaching participants practical techniques for fall protection, the correct usage of safety equipment, and an understanding of personal safety measures. With updated content, the training now places extra emphasis on real-life scenarios and active risk management tactics. These updates aim to better prepare workers for real-world challenges and contribute to reducing fall-related workplace accidents, which are a central theme in the working at heights refresher. Falls are among the top causes of injury in Ontario's work sites.

Kevin Mork, a representative from Safety First Training, said, "By updating our Working at Heights course, we're not just meeting the legal requirements but also setting higher safety standards across different workplaces. Our goal is to provide training that equips individuals with essential skills, tailored to face both present and future safety challenges."

The Working at Heights Training Certification course is valid for three years, after which certified individuals must take part in a working at heights refresher to maintain their certification. This process is crucial to keep safety protocols fresh, reduce risks, and adhere to Ontario's occupational health and safety laws.

The refresher course offered by Safety First Training lasts about four hours and covers important topics like spotting hazards, using warning methods, and setting up physical barriers. With certified trainers and real-world examples, the program ensures participants receive training that they can directly apply in their job roles.

Safety First Training also provides a unique "Train the Trainer" service, allowing organizations to train their staff to become safety instructors. This approach is both cost-effective and scalable, maintaining a knowledgeable and compliant workforce and supporting the organization's mission to expand workplace safety competence without sacrificing training quality.

Kevin Mork further mentioned, "Our 'Train the Trainer' service is an effective way for organizations to maintain long-term safety training programs. By empowering employees as safety champions, we create an environment where learning and compliance naturally integrate into workplace culture."

In addition to this, Safety First Training offers over 2,000 online safety courses through their extensive library, providing a variety of learning options to suit different needs. Their digital library is among the largest in Canada, highlighting the company's capability to meet diverse educational demands with accuracy and dedication.

As workplaces change, Safety First Training's updated Working at Heights program aims to highlight the need for continued education in industries prone to risks. Available across many locations in Ontario, including cities like Toronto, Hamilton, and Mississauga, the program is accessible to all sectors seeking strong safety strategies.

Alongside the enhanced Working at Heights course, Safety First Training continues to provide a wide range of services, such as onsite training and environmental hygiene courses. By working towards eliminating workplace accidents, the company wants to help create safer working environments both in Ontario and beyond. Learn more about their offerings by visiting the Safety First Training website.

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Safety First Training Ltd

Canadian experts in workplace health and safety since 1989. We offer onsite, online, and train-the-trainer programs meeting CSA and OHSA standards. Trusted by thousands, we ensure healthier, safer workplaces through quality, up-to-date training.

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