

New Steps Detox Addiction Treatment Center Opens in Lake Charles, Louisiana

August 29, 2025

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Steps Detox has officially opened a new facility in Lake Charles, Louisiana, expanding access to medically supervised detox and addiction recovery services for residents across Southwest Louisiana and the Acadiana region. Located near the heart of Lake Charles, Steps Detox ? Lake Charles is positioned to serve communities including Scott, Broussard, Opelousas, New Iberia, and surrounding areas.

The new location offers the same standard of care established at the organization?s Lafayette facility, focusing on personalized, evidence-based treatment that acknowledges the unique nature of each individual?s recovery journey. Steps Detox ? Lake Charles accepts most major insurance plans, including Medicaid, in an effort to make treatment more accessible and reduce barriers to care.

?Our team is honored to bring our person-first approach to Lake Charles,? said Roy Viger, Owner of Steps Detox. ?We?ve seen the difference compassionate, individualized treatment can make. Expanding to this area allows us to reach more individuals and families in need, and we?re excited to support long-term

recovery in this community.?

The addiction treatment center in Lake Charles offers various services tailored to the diverse needs of individuals seeking treatment. One of its signature offerings is veteran addiction support, recognizing the specific challenges former service members face. According to national data, more than one million veterans meet the criteria for substance use disorder, with high rates of alcohol and illicit drug use. Steps Detox - Lake Charles provides dedicated programming for veterans, including medication-assisted treatment, individual counseling, and peer group therapy sessions. These services are designed to address both the physical aspects of addiction and the emotional and psychological toll of military experience. The veteran-focused program also includes aftercare planning to ensure continued access to support networks and recovery resources following discharge.

Steps Detox ? Lake Charles also offers a 30-day residential treatment program that provides a stable and structured environment for individuals in early recovery. Residents receive around-the-clock care, including medication-assisted treatment where clinically appropriate, individual and group therapy, and discharge planning. The residential program is intended to give individuals the opportunity to focus entirely on recovery, away from everyday triggers, in a therapeutic setting supported by licensed medical and behavioral health professionals.

Medication-assisted treatment, or MAT, is an integral component of care at Steps Detox. MAT involves the use of FDA-approved medications to ease withdrawal symptoms and reduce cravings, and is delivered in conjunction with therapy and counseling. At the Lake Charles location, MAT services are overseen by trained addiction specialists who develop and monitor individualized treatment plans to ensure safety and effectiveness. The goal of MAT is to support stabilization and provide a foundation for lasting sobriety.

Enrollment into treatment at Steps Detox ? Lake Charles begins with a confidential phone assessment, followed by an in-person evaluation within 24 hours. From there, the clinical team develops a personalized treatment plan focused on each individual?s medical, psychological, and emotional needs. Ongoing support is provided throughout and after treatment to promote sustainable recovery.

Steps Detox continues to serve patients at its original Lafayette location and remains committed to expanding high-quality addiction care across Louisiana.

The organization?s expansion into Lake Charles reflects its mission to provide accessible, person-centered services that help individuals regain control of their lives and health.

To learn more, contact Steps Detox ? Lake Charles at 337-366-8685 or visit www.stepsdetox.com.

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About Steps Detox

Steps Detox is an addiction treatment provider with locations in Lafayette and Lake Charles, Louisiana. The organization offers medically supervised detox, residential treatment, medication-assisted treatment, veteran-focused programming, and aftercare planning. Each facility is staffed by licensed professionals who deliver individualized, evidence-based care to help clients achieve and maintain long-term recovery.
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For more information about STEPS Detox, contact the company here:STEPS DetoxRoy Viger(337) 366-8685admissions@stepsrecoverysolutions.com145 Victoria Dr, Lake Charles, LA 70611, USA

STEPS Detox

STEPS Recovery Solutions offers drug and alcohol addiction treatment programs in Pineville and Lafayette, LA. From medication-assisted addiction treatment to addiction counseling and therapy, we can get you on the path toward a clean future.

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