Moment of Clarity Expands Access to Mental Health Treatment With Teletherapy

September 24, 2025

CORONA, CA - September 24, 2025 -
Moment of Clarity in Corona, California, offers outpatient mental health treatment designed to meet the needs of individuals across Riverside County. The center provides a continuum of care that includes Intensive Outpatient Programs (IOP), Partial Hospitalization Programs (PHP), and evidence-based therapies such as Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Behavioral Therapy (CBT), and Dialectical Behavior Therapy (DBT). These services are structured to support individuals who are managing mental health challenges while balancing daily responsibilities.

The center?s reach extends beyond Corona, with patients coming from surrounding neighborhoods such as South Corona, Norco Hills, Sierra Del Oro, Home Gardens, El Cerrito, Horsethief Canyon Ranch, and Corona Hills. Communities including Woodcrest, March Air Reserve Base, Canyon Lake, and Highgrove also access care at the facility, reflecting its role in serving people throughout Riverside County.

IOP and PHP programs are designed to provide adaptable levels of care. The IOP format allows participants to attend structured therapy sessions several days a week while continuing work, school, or family commitments. PHP offers a more intensive schedule with full-day programming, allowing participants to return home in the evenings. These options enable patients to receive treatment that corresponds to their individual needs.

Specialized therapies are an important component of the treatment approach. EMDR supports individuals processing trauma and distressing memories by offering a structured method to reduce the emotional impact of difficult experiences. CBT helps participants identify negative thought patterns and build healthier coping strategies. DBT focuses on skills such as mindfulness, distress tolerance, and interpersonal effectiveness, which can continue to benefit patients beyond the program.

The Corona facility emphasizes personalized treatment planning. Clinicians and therapists work with each

patient to determine the most appropriate combination of therapies and support. Family involvement is encouraged in many cases, and the overall model of care recognizes the importance of both individual and community healing.

Residents from Temescal Valley, Lake Hills, Eagle Glen, and Sycamore Creek regularly seek outpatient care at the Corona location. People from Jurupa Hills, Pedley, and Mead Valley also utilize the programs offered, reflecting the accessibility of the center to communities throughout the county.

Moment of Clarity highlights accessibility and transparency as central to its mission. By integrating recognized therapeutic models such as CBT, DBT, and EMDR within outpatient structures like IOP and PHP, the center provides treatment options that are consistent with established best practices in the mental health field.

For individuals in Corona and surrounding areas seeking outpatient mental health services, the Corona facility offers multiple levels of care and a range of therapeutic approaches. Information about program details, scheduling, and treatment options can be found on the center?s website, where prospective patients and families can explore resources to help guide their decisions.

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For more information about Moment of Clarity Corona, contact the company here:Moment of Clarity CoronaMarie Mello(949) 749-4671marie@momentofclarity.com2250 S Main St, Corona, CA 92882

Moment of Clarity Corona

Corona, CA's preferred mental health treatment facility. Whether you are struggling with anxiety, depression, dual diagnosis disorder, eating disorders, or general unrest, call Moment of Clarity

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