

Moment of Clarity Expands Depression Treatment with New Ketamine Therapy Program

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LONG BEACH, CA - October 02, 2025 -
Moment of Clarity has announced the introduction of ketamine therapy for its Long Beach facility, expanding the range of outpatient treatment options available for individuals struggling with depression. This innovative therapy joins existing programs, including Intensive Outpatient (IOP) and Partial Hospitalization (PHP), as well as advanced modalities such as EMDR, CBT, and DBT. The integration of ketamine therapy underscores the center?s ongoing commitment to providing comprehensive, evidence-based care for patients seeking new and effective solutions.

Across Southern California, demand for medically supervised ketamine therapy has been growing rapidly, with more clinics introducing the treatment to meet community needs. Mental health experts continue to highlight the importance of delivering ketamine in safe, clinical settings?underscoring the difference between professional therapeutic use and the risks associated with unsupervised administration.

Against this backdrop, Moment of Clarity?s launch of ketamine therapy in Long Beach reflects a significant

step forward for accessible, responsible care in the region. By introducing this therapy under medical supervision, the center is ensuring patients receive both innovation and safety in their treatment journey. Combined with existing outpatient programs like IOP and PHP, and advanced therapies such as CBT, DBT, and EMDR, the addition of ketamine therapy strengthens the Long Beach facility?s role as a leader in comprehensive depression care. This expansion offers hope to patients seeking alternatives when traditional medications have proven ineffective.

The Long Beach location serves a wide spectrum of neighborhoods and suburbs. Patients from Alamitos Beach, Bluff Heights, Belmont Heights, and Naples Island regularly access its services, while families from Wilmington, Signal Hill, and Huntington Beach also choose the center for its specialized outpatient programs. Residents of Seal Beach and Rossmoor note the convenience of receiving high-quality care within their own communities, reducing the need for long commutes into Los Angeles.

Depression treatment at the Long Beach facility combines structure with adaptability. The IOP allows patients to attend therapy several days per week while continuing to work, study, and remain active in family life. PHP offers extended daily treatment, supporting those with more acute needs. With the addition of ketamine therapy?recognized nationally for its rapid impact on treatment-resistant depression?the center is positioned at the forefront of outpatient mental health innovation in Southern California.

Patients frequently describe their experiences at Moment of Clarity as both clinically effective and personally supportive. Many highlight the variety of therapeutic groups, the professionalism of staff, and the comfort of facilities located just minutes from the beach. This consistent feedback reflects the center?s ability to create an environment where healing is supported by both advanced therapies and genuine compassion.

Local families in Belmont Heights and Alamitos Beach emphasize the value of having an advanced outpatient resource so close to home, while patients in Seal Beach, Huntington Beach, and Naples Island appreciate being able to pursue care without disconnecting from their coastal communities. This regional reach demonstrates the center?s strong reputation as a trusted provider across Long Beach and beyond.

As one of Southern California?s leading outpatient mental health centers, Moment of Clarity continues to expand access and innovation. By offering IOP, PHP, EMDR, CBT, DBT, and now ketamine therapy, the Long Beach mental health facility delivers comprehensive solutions that help patients achieve stability and long-term recovery.

For patients and families seeking effective depression treatment, Moment of Clarity remains a source of hope, healing, and cutting-edge care. More information about outpatient programs and therapies is available

on their website.

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Moment of Clarity Long Beach

Long Beach, CA's preferred mental health treatment facility. Whether you are struggling with anxiety, depression, dual diagnosis disorder, eating disorders, or general unrest, call Moment of Clarity

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