

Sanitas Family Dentistry Focuses on Dental Care with a Holistic Approach

September 10, 2025

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Sanitas Family Dentistry, led by Dr. Krista Beseda in Boulder, Colorado combines advanced dentistry with a holistic, whole-body philosophy. Nestled at the foot of Mt. Sanitas, the practice focuses not only on healthy smiles but also on improving overall wellness through individualized care.

?At Sanitas, we believe dentistry is about more than just teeth,? said a spokesperson for Sanitas Family Dentistry. ?Your oral health is connected to sleep, breathing, nutrition, and confidence. We look at the whole picture so our patients can thrive in every aspect of their lives.?

Sanitas Family Dentistry offers a full spectrum of services, including exams, cleanings, cosmetics, sleep and functional dentistry, implants, whitening, and more. Their team focuses on a holistic approach, meaning they understand the connection between oral health and overall wellness. The advanced dentistry services include options in cosmetic dentistry, orthodontics, and preventive care. Sanitas Family Dentistry wants to meet the varied needs of its patients with a wide range of services.

The practice also embraces the latest technology, including iTero® digital scanning, CO? laser treatments, and Biolase® soft-tissue therapies. Using this technology helps the team conduct more precise diagnostics and improve patient treatment plans.

"We feel that our enhanced services and technology will benefit our patients by making care more comfortable and effective," continued the Sanitas Family Dentistry representative. "We want everyone who walks into our practice to feel confident in the care they're receiving."

Besides regular family dentist services, Sanitas also offers specialized therapies, such as oral myofunctional therapy. Oral myofunctional therapy helps patients of all ages with challenges in speaking, chewing, swallowing, breathing, and snoring. It can also alleviate neck tension and facial pain. Combining it with functional frenuloplasty can amplify its benefits. The team also offers tongue-tie release and sleep apnea assessments. This list of treatments exemplifies Sanitas' holistic approach to dentistry, focusing on more than just oral care.

Reilly, Sanitas? certified oral myofunctional therapist, added: ?We love helping patients uncover how their oral habits affect sleep, speech, and even posture. Small changes in therapy can create life-changing results.?

Sanitas Family Dentistry serves all ages and strives to focus on patient-centered care and understanding. From in-house membership programs that improve accessibility to COVID-conscious air filtration and virtual waiting options, the dental practice is designed with patient comfort in mind. They also use Facebook and Instagram for updates and information, giving patients an easy way to connect with the dental practice.

Sanitas Family Dentistry aims to offer well-rounded care and improve dental health outcomes for its community. Sanitas Family Dentistry looks at oral care with a holistic approach, providing holistic, advanced, and care for patients of all ages. The practice offers comprehensive dental and functional treatments that focus on the whole person, not just their teeth. For more information about Sanitas Family Dentistry, visit https://sanitasdentistry.com/.

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Sanitas Family Dentistry

Sanitas Family Dentistry offers boulder dental care services for all ages: Preventive & restorative dentistry: teeth cleaning, dental exams, emergency care, fillings, and crowns. Cosmetic dentistry: composite bonding, porcelain veneers, and Invisalign.

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