IV Solution & Ketamine Centers of Chicago Highlights Healing Advances for PTSD Through Specialized Therapy Programs

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CHICAGO, IL - September 22, 2025 -
IV Solution and Ketamine Centers of Chicago continues to advance treatment options for post-traumatic stress disorder through specialized ketamine infusion protocols, addressing a critical need among veterans and civilians experiencing treatment-resistant mental health conditions.

"PTSD affects millions of Americans, with many finding limited success through conventional treatments," said Dr. Bal Nandra from IV Solution and Ketamine Centers of Chicago. "Our ketamine infusion protocols offer rapid symptom relief for patients who have struggled for years with debilitating symptoms, particularly among our veteran population who have shared their recovery stories through various platforms."

The clinic's treatment approach involves carefully monitored 45-minute infusion sessions administered in private treatment rooms. Patients remain conscious throughout the procedure while experienced anesthesiologists and registered nurses oversee each session. The ketamine works as an NMDA receptor

antagonist, creating new neural pathways that can provide relief from symptoms within hours or days rather than the weeks or months required by traditional antidepressants.

The Chicago-based medical clinic has refined its approach to intravenous ketamine therapy, offering customized treatment plans for patients who have not found relief through traditional therapeutic methods. The clinic's specialized protocols target PTSD alongside other challenging conditions such as treatment-resistant depression, chronic pain, fibromyalgia, anxiety, and obsessive-compulsive disorder.

Beyond ketamine therapy, the clinic offers complementary treatments, including Stellate Ganglion Block injections for PTSD and NAD+ therapy for cognitive enhancement. These additional options provide patients with comprehensive treatment plans tailored to their specific needs.

The facility has implemented financial assistance programs through partnerships with healthcare financing organizations, ensuring that cost does not prevent patients from accessing potentially life-changing treatments. This commitment to accessibility reflects the clinic's understanding that mental health care should be available to all who need it.

"We recognize that each patient's journey is unique, which is why we provide thorough health screenings and personalized treatment protocols," added Dr. Nandra. "Our goal is to offer hope and healing to those who have exhausted other treatment options."

Recent patient testimonials shared as part of a media story initiative demonstrate the impact of these treatments. Veterans and civilians alike have reported significant improvements in their quality of life after undergoing treatment at the facility. The clinic maintains an active presence on social media platforms, sharing patient experiences and educational content about mental health treatment options.

The clinic's team includes board-certified anesthesiologists, registered nurses with specialized ketamine infusion experience, and licensed therapists who work collaboratively to ensure optimal patient outcomes. This multidisciplinary approach allows for comprehensive care that addresses both the physiological and psychological aspects of mental health conditions.

IV Solution and Ketamine Centers of Chicago operates as a private medical facility specializing in innovative intravenous treatments for mental health conditions and chronic pain. Located in downtown Chicago, the clinic has established itself as a pioneer in offering evidence-based ketamine therapy protocols for treatment-resistant conditions. The facility maintains a state-of-the-art treatment environment where patients receive individualized care from experienced medical professionals dedicated to advancing mental health

treatment options.

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IV Solution & Ketamine Centers of Chicago

Chicago?s first and foremost clinic to provide innovative intravenous medical ketamine treatments for the treatment of depression, PTSD, anxiety & chronic pain.

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