EIPS Enhances Liposuction Patient Care with Overnight Recovery at The Surgery Center

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Nicosia, Cyprus - October 16, 2025 -
The European Institute of Plastic Surgery (EIPS) has introduced overnight recovery for liposuction patients at The Surgery Center ? 3i in Nicosia, providing enhanced safety and post-operative comfort in a specialised clinical setting. This new development reinforces the institute?s commitment to high-standard surgical care while offering patients across Cyprus improved access to structured post-surgical support.

The Surgery Center ? 3i now operates as a dedicated overnight facility, allowing liposuction patients undergoing more extensive or combined procedures to remain under medical supervision for the first critical hours following surgery. Patients from Limassol, Larnaca, Paphos, and surrounding areas can benefit from local consultations and follow-up care, while procedures and overnight recovery are managed centrally in Nicosia to ensure consistency in clinical outcomes.

Liposuction remains one of the most sought-after surgical procedures, commonly used to address localized fat deposits in areas such as the abdomen, flanks, arms, back, neck, or thighs. Although considered safe and effective, liposuction requires careful preoperative planning and attentive postoperative care, particularly in cases involving larger treatment areas or combined interventions.

By offering overnight recovery, EIPS addresses a key aspect of surgical aftercare: the immediate post-operative period where close monitoring is essential to managing swelling, mobility, and fluid balance. Patients are now provided with a medically supervised environment that prioritises rest, safety, and early intervention if necessary, reducing the risk of complications and enabling smoother transitions to home-based recovery.

A spokesperson for the European Institute of Plastic Surgery commented, ?Introducing overnight recovery for liposuction procedures is a significant step forward in how patient safety and comfort are approached. The ability to monitor patients in the hours following surgery supports better outcomes and reflects the institute?s commitment to clinical responsibility.?

The Surgery Center ? 3i is equipped with private recovery rooms, a trained nursing staff, and the necessary infrastructure for post-surgical care. This facility allows the surgical team to deliver personalised observation, manage pain effectively, and respond promptly to any early recovery needs. Patients from outside Nicosia benefit from reduced travel stress, as the overnight stay reduces the immediate pressure to return home after surgery.

The expanded use of overnight recovery protocols also enables EIPS to accommodate patients undergoing multi-zone liposuction or those combining fat removal with procedures such as tummy tucks or body lifts. These cases often require more comprehensive monitoring, especially when large volumes of tissue are involved or when general anaesthesia has been used.

The spokesperson added, ?Liposuction is a refined surgical technique that requires more than just precision in the operating theatre. It requires thoughtful, structured recovery protocols that are aligned with best practices. The Surgery Center ? 3i now offers that environment to our patients.?

EIPS approaches liposuction with a focus on patient-specific anatomy, realistic expectations, and sustainable results. While the procedure is not intended for weight loss, it remains a highly effective method for contouring areas where localised fat remains resistant to diet or exercise. The institute?s surgeons employ evidence-based techniques to minimize bruising, swelling, and downtime, while also promoting the preservation of skin quality and body proportions.

The new overnight facility supports this approach by providing patients with a setting designed specifically for post-operative care. From fluid monitoring to pain management and mobility assistance, each element of the overnight stay has been structured to protect the investment patients make in their surgical outcome.

Patients undergoing liposuction receive detailed pre-operative assessments, including lifestyle

considerations, medical history, and recovery planning. EIPS works closely with individuals to establish realistic goals and to determine whether an overnight stay may be recommended based on the complexity and scope of their procedure.

The availability of local consultations in Limassol, Larnaca, and Paphos continues to support decentralised access to care, reducing barriers for those seeking treatment across the island. With surgery and recovery taking place in Nicosia, EIPS maintains centralised clinical control while offering flexible care pathways for patients in all regions.

As part of its wider commitment to surgical safety and patient care, the European Institute of Plastic Surgery continues to enhance its clinical infrastructure and refine its surgical protocols. The introduction of overnight liposuction recovery at The Surgery Center ? 3i underscores this commitment and marks another step forward in the institute?s ongoing development of patient-first surgical solutions in Cyprus.

Patients interested in learning more about liposuction procedures or arranging a consultation can visit https://eips.com or contact the institute by phone. The EIPS team remains available to support each patient from consultation to recovery, ensuring expert care at every stage of their journey.

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European Institute of Plastic Surgery

European Institute of Plastic Surgery (EIPS) is a plastic surgery clinic, led by the Plastic Surgeon Demetris Stavrou. Dr. Demetris Stavrou performs a wide range of plastic surgeries, from facials to body, breast & other skin treatments.

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