Brusco Vision Helps Allergy Patients End the Cycle of Contact Lens Irritation with LASIK

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As more people look to reduce their dependence on glasses and contact lenses, many allergy sufferers are left wondering if they?re eligible for laser vision correction. A new article published by Brusco Vision, titled "Can I get LASIK if I have allergies?", addresses this increasingly common question and provides evidence-based guidance for patients struggling with seasonal or environmental allergies who are also considering LASIK.

According to Dr. Michael A. Brusco, medical director at Brusco Vision, allergies such as allergic conjunctivitis or irritation triggered by pollen, dust, or pet dander do not automatically disqualify someone from being a good LASIK candidate. In fact, many of the practice?s patients have long dealt with both refractive vision problems and allergies. For those frustrated by itchy, watery eyes and the added discomfort of wearing contact lenses during allergy season, LASIK can often improve quality of life. Contact lenses are known to trap allergens against the surface of the eye, worsening symptoms like redness and inflammation. Eliminating contact lens use through refractive surgery has the potential to reduce these flare-ups and make allergy season more manageable.

The article explains that while allergies can increase post-operative discomfort for some patients?particularly due to overlapping symptoms such as dry eyes and irritation?these challenges are typically well managed through proper timing, pre-operative planning, and tailored recovery care. One key recommendation is for patients to schedule their LASIK procedure when allergy symptoms are at their lowest. For many in the D.C. area, spring presents the highest risk due to the spike in airborne allergens like tree pollen and mold. By scheduling outside of peak allergy months, patients may reduce post-surgical inflammation and enjoy a more comfortable healing process.

During LASIK recovery, the eyes are already healing from corneal flap creation and laser reshaping. Exposure to allergens during this time can increase dryness and irritation, potentially making recovery more difficult. Dr. Brusco advises patients to avoid rubbing their eyes under any circumstances, as this can interfere with the healing process and even dislodge the corneal flap?a complication that may delay vision improvement. To reduce these risks, Brusco Vision includes proactive management in its post-operative care plans, often recommending allergy-specific eye drops, anti-inflammatory medications, and enhanced lubrication therapies for patients with a history of allergies.

The article also highlights the importance of a thorough consultation and diagnostic process before LASIK. At Brusco Vision, patients undergo an in-depth evaluation that includes advanced ophthalmology imaging, such as corneal topography, to determine overall candidacy. Dr. Brusco carefully reviews each patient?s medical history, allergy patterns, ocular surface health, and current symptom control before moving forward with surgery. This individualized approach ensures that patients with moderate to severe allergies receive the safest and most effective care possible.

For many patients, LASIK not only provides the benefit of vision correction but also eliminates the ongoing irritation of contact lens use during allergy season. The combined burden of refractive error and chronic allergy discomfort has led many people to delay LASIK, but the evidence presented by Brusco Vision suggests that with the right precautions and expert oversight, those with allergies can successfully and safely undergo the procedure.

The press release offers a timely and practical resource for both prospective LASIK patients and healthcare journalists seeking to understand the intersection of refractive surgery and environmental allergies. The full article, "Can I get LASIK if I have allergies?", is now available on the Brusco Vision website. It serves not only as an educational guide for patients but also a call to action for anyone who has been hesitant to consider LASIK due to allergy-related concerns.

Reporters interested in interviewing Dr. Brusco or learning more about LASIK candidacy for patients with allergies can contact Brusco Vision directly. Dr. Brusco is an experienced and well-trained refractive surgeon and leading expert in advanced vision correction procedures in the Washington, D.C. region. His practice is

known for its comprehensive approach, personalized patient care, and focus on long-term visual health.

Brusco Vision encourages patients to take the first step by scheduling a consultation to determine if LASIK is right for their vision and lifestyle needs. With expert guidance and customized care, even those with a long history of seasonal or environmental allergies can experience the freedom of clearer vision?without waiting for another spring allergy season to pass.

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Brusco Vision

Brusco Vision is a next-generation vision center providing LASIK and refractive vision correction procedures to Washington DC, DMV, and North Virginia residents. LASIK, PRK, EVO ICL, SMILE, and Custom Lens Replacement (RLE).

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