

All In Solutions Wellness Center Expands Dual-Diagnosis Mental Health Services for Comprehensive Detox Care

October 09, 2025

WEST PALM BEACH, FL - October 09, 2025 -
All In Solutions Wellness Center has enhanced its medical detoxification programs to incorporate comprehensive dual-diagnosis mental health treatment, addressing the critical connection between addiction and co-occurring mental health conditions. The West Palm Beach facility now provides integrated care that simultaneously treats substance use disorders and mental health challenges such as anxiety, depression, and post-traumatic stress disorder during the detoxification phase.

The expanded approach recognizes that addiction rarely exists in isolation. Research indicates that approximately half of individuals struggling with substance use disorders also experience mental health conditions. By addressing both aspects simultaneously during the initial detox phase, the center aims to establish a stronger foundation for long-term recovery.

"Detox is more than withdrawal?it's a critical opportunity to begin healing both body and mind in tandem,"

said Melissa Seneway, Group Facilitator, MH at All In Solutions Wellness Center. "Begin your recovery at All In Solutions Wellness Center." This integrated approach represents a shift from traditional detox models that primarily focus on physical withdrawal management.

The clinical team utilizes medications such as benzodiazepines for anxiety management, along with Subutex and Suboxone for opioid withdrawal, while simultaneously providing therapeutic interventions. Clients participate in individual and group therapy sessions designed to address emotional health concerns, even as they navigate the physical challenges of detoxification. This dual focus ensures that mental health symptoms, which often intensify during withdrawal, receive immediate attention.

The enhanced program maintains 24/7 medical supervision while incorporating mental health professionals into the care team. This multidisciplinary approach allows for real-time adjustments to treatment protocols based on both physical and psychological responses to detoxification. Clients benefit from trauma-focused therapy, cognitive behavioral therapy, and other evidence-based modalities adapted for the acute detox setting.

Medical detox at All In Solutions Wellness Center now includes comprehensive mental health assessments conducted upon admission. These evaluations help identify underlying psychological conditions that may contribute to or result from substance use. Based on these assessments, clients receive personalized treatment plans that incorporate evidence-based therapies alongside medical withdrawal management.

Patients can begin with a program that acknowledges the complexity of addiction. The center's Joint Commission accreditation reflects its commitment to maintaining the highest standards of care across all treatment dimensions. With over 11 years of experience and more than 7,700 alumni, the organization as a whole has established itself as a leader in comprehensive addiction treatment.

The integration of dual-diagnosis care into the detox phase represents an evolution in addiction medicine. By treating mental health conditions from the earliest stages of recovery, clients develop coping strategies and emotional regulation skills that support sustained sobriety. This holistic approach addresses root causes rather than symptoms alone, providing clients with tools for managing both addiction and mental health challenges beyond the initial treatment phase.

All In Solutions Wellness Center operates as a JCAHO-accredited facility offering medical detoxification and residential treatment programs. To learn more about All In Solutions, www.allinsolutions.com, or call 1-855-762-3796 today.

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All In Solutions Wellness Center

All In Solutions Wellness Center is a JCAHO-accredited drug and alcohol detox center located in West Palm Beach, Florida. We provide medically supervised detox and inpatient drug and alcohol rehabilitation in a comfortable private setting.

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