

## The Happiness Coach for You

## The Happiness Coach Launches New Daily Support Program For Achieving Goals

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Cedarhurst, New York based The Happiness Coach for You, has announced a new daily support program to help people reach their goals. Coach David Budman states that the new You 2.0 program is designed to help people take control of their lives and maintain their motivation to do so on a daily basis.

"There is not another program that is so focused on making sure you finish," explains David Budman. "Really, no other program uses such a method, which makes it so easy to reach your goals."

David Budman states that the program, You 2.0, is designed to help individuals feel motivated enough to finish what they start, whatever that may be. The program can be accessed through www.thehappinesscoachforyou.com, and Budman declares that it is designed to work for anyone. "Young or old, professional or blue collar, this program will help you to achieve your goals," he explains.

The program includes change and goal achieving methodologies that David Budman had perfected during his years as a happiness and productivity coach. The methods used have been proven to help people get from where they currently are in life to where they want to be. Budman says that the program is set up to deliver

results daily, and states that those implementing the program will begin achieving their goals early on and then have the opportunity to expand using a number of tools that are proven to bring about positive changes.

Individuals who are interested in learning more about the program or about other programs offered can visit the company's official Facebook page at https://www.facebook.com/The-Happiness-Coach-for-You-831905513534739/?ref=hl.

The Happiness Coach for You offers information and strategies designed to assist individuals in overcoming obstacles that cause them to falter with regards to life goals. More about Budman as well as more information about the You 2.0 program that the company has recently launched can be seen at http://www.thehappinesscoachforyou.com/how-to-be-happy/. Budman offers a number of topics on his How to be Happy blog including how to improve your marriage and various social media and support information for those interested in learning more about his current programs.

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For more information about The Happiness Coach for You, contact the company here: The Happiness Coach for YouDavid Budman929-242-1318david@thehappinesscoachforyou.comThe Happiness Coach for YouP.O. Box 431 Cedarhurst, NY 11516

## The Happiness Coach for You

We provide, through various different avenues, information about and strategies how to attain lasting happiness and productivity. Using powerful, scientifically proven methods, our clients make deep, powerful and lasting positive changes in their lives.

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