All In Solutions Counseling Center Expands Outpatient Programs with Trauma Therapy Integration

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BOYNTON BEACH, FL - October 20, 2025 -
All In Solutions Counseling Center has expanded its partial hospitalization and intensive outpatient programs to include specialized trauma-focused therapy at its Boynton Beach facility. The Joint Commission-accredited treatment center now incorporates evidence-based trauma modalities, including Eye Movement Desensitization and Reprocessing (EMDR) and Cognitive Behavioral Therapy (CBT) into its addiction treatment framework.

"Recovery isn't just stopping substance use?it's healing the underlying pain; trauma-informed care makes that possible even in outpatient settings," said Laura Ward, Primary Therapist, LMHC at All In Solutions Boynton Beach.

The expansion addresses the documented connection between trauma and substance use disorders. Research indicates that individuals with addiction frequently have histories of traumatic experiences, making trauma-informed care a critical component of treatment protocols. The facility has implemented these services to address both addiction and underlying trauma simultaneously through outpatient scheduling options.

Trauma therapy at All In Solutions Boynton Beach enables clients to process traumatic experiences while maintaining work and family responsibilities. The partial hospitalization program provides intensive daily treatment with evening returns home, while the intensive outpatient program offers similar trauma-informed care with scheduling flexibility for work or educational commitments.

The facility has implemented comprehensive staff training in trauma-informed approaches across all treatment levels. Clinical team members receive ongoing education in recognizing trauma responses and implementing appropriate therapeutic interventions. This training extends from medical detoxification through alumni support services.

The Boynton Beach facility's trauma-informed approach complements existing services, including faith-based recovery options and integrated family therapy. Each treatment level incorporates trauma-informed principles to maintain therapeutic consistency throughout the recovery journey.

All In Solutions operates multiple Florida locations and has provided addiction treatment services for over 11 years. The organization has supported more than 7,700 individuals in recovery and maintains accreditation from the Joint Commission. The center holds membership with the National Association of Addiction Treatment Providers.

All In Solutions Boynton Beach addiction treatment programs now feature trauma-sensitive group therapy sessions alongside individual counseling. The integration extends to the center's family therapy component, addressing how trauma affects relationship dynamics and family systems. Sessions focus on educating family members about trauma's role in addiction and developing supportive strategies for the recovery process.

The Boynton Beach facility treats various substance use disorders, including alcohol, opioid, stimulant, and prescription drug dependencies. Treatment levels offered by All In Solutions as a whole organization include medical detoxification, residential treatment, partial hospitalization, and intensive outpatient programs. The center accepts most private health insurance plans and conducts confidential insurance benefit reviews for prospective clients.

The integration of trauma-focused therapy represents an expansion of clinical services designed to address the complex relationship between trauma and addiction. By incorporating EMDR and CBT methodologies into outpatient settings, the facility provides trauma treatment options for individuals who require flexibility in their recovery programs.

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All In Solutions Counseling Center

All In Solutions Counseling Center in Boynton Beach, FL is a Joint Commission-accredited addiction treatment center. All In Solutions offers unique programs including Faith-Based treatment, intensive family therapy, and trauma-focused

therapy.

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