

Lighthouse Medical Center Announces Stem Cell Therapy Expansion

September 18, 2025

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Lighthouse Medical Center today announced the expansion of its medical clinic services to include stem cell therapy as part of a regulated, physician-directed care pathway. The program is designed for adult patients and will operate within applicable U.S. Food and Drug Administration guidance for human cells, tissues, and cellular and tissue?based products.

The clinic, based in Pompano Beach, Florida, will begin scheduling evaluations immediately to determine patient eligibility through a structured intake process. ?The addition of stem cell therapy reflects a careful, policy-driven approach to broadening treatment options while maintaining clinical oversight and informed consent,? said Dr. Don Pham, DO, Collaborating Physician at Lighthouse Medical Center. ?Our team will evaluate each case to determine whether this modality is appropriate or whether another evidence-informed option is a better fit.? For more information about stem cell therapy visit: https://lighthousemedicalcenter.com/stem-cell-therapy/

Lighthouse Medical Center operates a multidisciplinary clinic staffed by licensed medical professionals. The organization maintains physician oversight for clinical decision-making and patient safety. The clinic provides regenerative medicine services through an intake, assessment, and follow-up process that documents indications, alternatives, and risks. The new offering adds stem cell therapy to an existing set of non-surgical treatments that are considered only after a medical review. The service positions stem cell therapy as one option among several, with eligibility determined by clinical findings rather than marketing claims.

The medical team identifies patient assessment as the determinant for therapy selection. Physicians review medical histories, diagnostic findings, and treatment goals before approving any procedure. The clinic discusses potential risks, benefits, and alternatives during pre-procedure counseling. Operations include post-procedure follow-up to monitor safety and to track outcomes relevant to quality standards. Documentation clarifies that individual results are not guaranteed and that no curative claims are made. Staff coordinate scheduling and records management to maintain continuity of care across conservative care, interventional procedures, and rehabilitative plans as appropriate.

Dr. Don Pham serves as a collaborating physician with training that supports protocol development and case review. Dr. Pham contributes oversight to interdisciplinary coordination and helps maintain adherence to clinic policies. The clinical governance framework emphasizes transparency, informed consent, and alignment with federal guidance on minimal manipulation and homologous use where applicable. The clinic?s procedures delineate the difference between therapies that may be delivered under current guidelines and those that require additional authorization or premarket approval. Patient education materials explain the regulatory context in plain language and direct individuals to request an evaluation rather than self-select a therapy.

The service launch responds to sustained patient inquiries about regenerative modalities. Lighthouse Medical Center will continue to update public information to reflect available services, practitioner credentials, and referral pathways. The organization encourages referring providers to share relevant medical records to support efficient case reviews. Scheduling staff will confirm that all candidates receive a clinician review before any treatment is recommended.

Patients commonly seek evaluations for musculoskeletal complaints such as knee or hip osteoarthritis, shoulder pain, and tendon or ligament injuries, including rotator cuff strains and lateral epicondylitis. Referrals also involve persistent back pain associated with degenerative changes, as well as ankle, foot, and hand joint discomfort. Reported symptoms typically include chronic pain, stiffness, swelling, and reduced range of motion that limits daily activities. Lighthouse Medical Center states that these presentations are assessed through history, examination, and imaging as indicated, and that treatment suitability for any regenerative

procedure is determined on a case-by-case basis.

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Lighthouse Medical Center

Lighthouse Medical Center is a Medical Clinic in Pompano Beach Florida offering regenerative health services.

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