



Dentist In Sutton Urges Patients To Get Regular Check Ups

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Mulgrave Dental Centre in Sutton, Surrey, UK, has spoken out about poor dental hygiene. The clinic is currently reaching out to patients, urging them to continue regular dental checkups in order to ensure healthy teeth and gums. It could also affect general health, including heart health.

Dr. Satty Hira, principal dentist at Mulgrave Dental Centre, has observed a rise in the number of patients who have not had a check-up in the last 5 years. He said, "Good dental health is so important, but we understand why some patients will put off coming in for a checkup." Dr. Hira says that when asked, most patients state work and family keeping them too busy as reasons that they neglect their regular checkups.

The dentist Sutton residents can go to says that a regular dental checkup is crucial in avoiding gum disease that could affect general health, as well as teeth and gums. He appeals to patients to contact their dentist and ensure that they are regularly having their gums checked for things like gingivitis and cancer. He states that among the reasons for avoiding the dentist, some patients also claim that they are too nervous to sit in the dreaded dental chair.

"We have years of experience when dealing with nervous patients at our dental practice in Sutton, Surrey," Dr. Hira states. The dentist in Sutton offers a number of sedation dentistry treatment options to help to put patients at ease and ensure that they receive the vital dental care that they need.

Among the dental services offered at Mulgrave Dental Centre, Dr. Hira states that tooth whitening is one of the most popular, and a good choice for those whose teeth may be stained by age, coffee, tea, and a number of other foods and instances.

The dental clinic urges those who have not visited their dentist in the past year to schedule an appointment. Dr. Hira says that not having routine checkups could be dangerous, not only to one's smile but to one's heart health, and could pose a serious risk for a number of diseases that could be prevented if caught early. The dentist urges patients to schedule their annual dental exam sooner rather than later.

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For more information about Z Mulgrave Dental Centre, contact the company here: Z Mulgrave Dental Centre Dr Satty Hira 020 8395 8483 info@mulgravedental.com 17 Mulgrave Rd, Sutton SM2 6LJ, United Kingdom

Z Mulgrave Dental Centre

Mulgrave Dental Centre places patient wellbeing at the heart of any dental treatment. We aim for a clear, succinct and attainable treatment plan. We take pride in our patient care by offering a great service with the latest methods and dental materials.

Website: <http://www.mulgravedental.com>

Email: info@mulgravedental.com

Phone: 020 8395 8483



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