

# Arrowhead Clinic Chiropractor Savannah Releases Educational Resource on Whiplash Recovery

*September 24, 2025*

Savannah, Georgia - September 24, 2025 - PRESSADVANTAGE -

Arrowhead Clinic Chiropractor Savannah has released an educational post detailing whiplash recovery timelines for accident victims in the Savannah area. The new resource addresses common concerns about healing expectations and provides evidence-based information about the recovery process following motor vehicle accidents.

The educational material, available at <https://arrowheadchiropracticclinic.law.blog/2025/09/19/whiplash-recovery-timelines-what-savannah-accident-victims-need-to-know>, breaks down the recovery process into distinct phases, helping patients understand what to expect during each stage of healing. The resource outlines the acute phase lasting zero to two weeks, the subacute recovery phase spanning two to six weeks, and strategies for preventing chronic complications beyond six weeks.

"Understanding the typical progression of whiplash recovery helps patients maintain realistic expectations and stay committed to their treatment plans," said Dr. Maria Bourjolly, a spokesperson for Arrowhead Clinic Savannah. "Every patient heals differently, but having a general timeline provides valuable guidance during what can be an uncertain and challenging period."

The resource highlights research from Georgia Southern University's Armstrong Campus showing that whiplash patients receiving specialized chiropractic care recover approximately 40 percent faster than those using general medical management alone. This finding underscores the importance of seeking appropriate specialized care following motor vehicle accidents.

Arrowhead Clinic Savannah Chiropractic Care has observed increasing demand for clear, accessible information about injury recovery timelines. The clinic's experience treating accident victims over four decades has revealed that patients who understand their recovery process tend to have better outcomes and

higher treatment compliance rates.

The educational resource also addresses factors that can influence recovery speed, including age, physical condition, severity of impact, previous neck injuries, and individual healing responses. Additionally, the material identifies red flags during recovery that may indicate potential complications requiring immediate medical attention.

Savannah's unique driving environment, with its historic cobblestone streets and narrow passages, can contribute to specific injury patterns following accidents. The clinic's new resource takes these local factors into consideration when discussing recovery expectations for area residents.

The release of this educational resource aligns with Arrowhead Clinic's ongoing commitment to patient education and community health awareness. The clinic regularly develops materials to help accident victims navigate the recovery process more effectively.

"Patients often want to learn more about their condition and what they can do to facilitate healing," added Dr. Bourjolly. "This resource empowers them with knowledge while emphasizing the importance of professional medical guidance throughout the recovery process."

Arrowhead Clinic has been serving the Savannah community for over 48 years, specializing in treating musculoskeletal injuries and pain symptoms. The clinic offers comprehensive chiropractic care, personal injury treatment, and auto accident rehabilitation services. Their approach combines traditional chiropractic techniques with modern treatment methods, including computer-guided spinal decompression, active release therapy, and functional movement screening. The clinic maintains multiple locations throughout Georgia and provides same-day appointments for accident victims requiring immediate care.

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For more information about Arrowhead Clinic Chiropractor Savannah, contact the company here: Arrowhead Clinic Chiropractor Savannah Dr. Maria Bourjolly (912) 378-1371 info@arrowheadclinics.com 7205 Hodgson Memorial Dr, Savannah, GA 31406

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"description": "Dr. Rachel Banks graduated from Jackson State University receiving her Bachelor of Science degree in Biology/Pre-medicine in 1990. She then moved on to attend Life University when she was called to the healing aspects of Chiropractic care, she graduated in 1997 with a doctorate in chiropractic.

She's also a proud member of the Georgia Chiropractic Association. Dr. Banks joined the Arrowhead family in 2009 becoming the floater doctor in the Atlanta/Savannah/ Brunswick offices. Her belief and dedication to the field of chiropractic have made her an intricate part of Arrowhead Clinics. In 2016, she was asked to make a permanent move to Savannah taking over the Mall Clinic. Dr. Banks revamped the staff, implemented her own style of leadership and management and in 2018 her clinic won "The Most Goals Met" in 2017. Dr. Banks was born and raised in Atlanta and a member of Alpha Kappa Alpha Sorority but enjoys living here in Savannah with her loveable fur baby - Lola. Call for Your Free Consultation Today!

### What You Can Expect As A New Patient

#### car-collision Auto Accident Treatment Experts

Arrowhead Clinic is the recognized leader for diagnosing and treating auto accident injuries. For over 40 years our team of medical providers and chiropractors work in collaboration to structurally stabilize and treat trauma caused by motor vehicle crashes.

#### examination State of the Art Diagnostics

While our chiropractors pride themselves on being able to detect injuries and subluxations through manual palpation and muscle testing, our 3D x-ray technology allows our doctors to uncover hidden issues that are ambushing your performance and keeping you from achieving optimal health.

#### customer Personalized Care and Attention to Every Detail

You are a unique person! We believe your treatments should be wholly unique to you as well. At our Savannah clinic, we offer customized care solutions for your specific needs.

#### rehabilitation Comprehensive Rehabilitation

We provide each of our patients with a comprehensive rehabilitation program that addresses your complete musculoskeletal system and nervous system. Our goal is to help you achieve abundant health. These programs will help get you on the right path.

#### chiropractic care Elite Treatment Solutions

Our Savannah Clinic is excited to offer the most up-to-date chiropractic treatment methods and scientifically-based equipment to exceed your expectations. Some of these methods include computer-guided Spinal Decompression, Active Release Therapy, Electro Muscle Stimulation, Functional Movement Screening, and Fascial Distortion Model.

#### goal A Long-Term Perspective

We want you to take a long-term view of your health. While our chiropractors and medical team can get you out of pain quickly our ultimate goal is for you to live an abundant life. We want you to be able to pick up your grandchildren, play sports, do yard work and garden your entire life! That is what this is all about and we want you to be apart of it!

### Frequently Asked Questions

#### What Should You Expect During Your First Visit At Our Savannah Chiropractic Clinic?

#### What Conditions do Chiropractors Treat at your Clinic?

#### What is Corrective Chiropractic Care and How Does It Help Injury Victims?

#### What is the Popping Sound You Hear During a Chiropractic Adjustment?

#### How can chiropractors at Arrowhead Clinic in Savannah help you?

#### How Much Does it Cost to See a Chiropractor?

#### Where is your Savannah chiropractic clinic located?

#### What Areas Does Your Savannah Chiropractic Clinic Serve?

### Patient Testimonials

doctor (1) 17 Clinic Locations Person-Icon.png 65000 Patients Treated Awards-Icon.png 41 Years of Service like 99 Patient Satisfaction Local Savannah News & Chiropractic Information May 12, 2020 How Weightlifters Benefit From Chiropractic Care Whether you are a professional bodybuilder gearing up for Mr. Universe, or just enjoy weight lifting, the health of your spine is essential. That's why weightlifting and chiropractic care go hand... Read More May 5, 2020 Boost Your Immunity The Natural Way Even the healthiest of us get sick every now and then. But by fine-tuning certain aspects of your health routine and your daily life, such as diet and exercise, you can help support your immune... Read

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pain relief and wellness care: We are Conveniently Located Our Chiropractic Clinic is Open Late Same-Day Appointments and Walk-ins Welcome Quality Chiropractic Care by Licensed Professionals and Medical Doctors Affordable Personalized Care Plans State of the art Diagnostics and Scientifically Backed Treatments",

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Capsulitis Golfer's / Tennis Elbow Hamstring Pulls/Strains Hip Flexor/Psoas Tendinitis Hip Pain Iliotibial Band
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  "https://en.wikipedia.org/wiki/Chiropractic_treatment_techniques",
  "https://en.wikipedia.org/wiki/Spinal_adjustment",
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## Arrowhead Clinic Chiropractor Savannah

*For over 48 years, Arrowhead Clinic has provided Savannah, Georgia with premier Chiropractic Care for those suffering from Back Pain, Neck Pain, Whiplash, Sciatica, and Auto Accident Injuries.*

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