



EIPS Expands Body Contouring Services to Include Advanced Abdominoplasty Procedures

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The European Institute of Plastic Surgery (EIPS) has announced the expansion of abdominoplasty services in Nicosia, introducing comprehensive abdominal contouring procedures with overnight recovery options at The Surgery Center 3i. This development addresses the growing demand for body contouring procedures following significant weight loss, pregnancy-related changes, and age-related skin laxity across Cyprus.

The institute, recognised for surgical excellence and patient-centred care, now provides a complete surgical pathway for tummy tuck procedures that includes thorough pre-operative assessment, advanced surgical techniques, and monitored overnight recovery. Whilst consultations remain available in Limassol, Larnaca, and Paphos, the centralised surgical facility in Nicosia ensures controlled environmental conditions for patients requiring complex abdominal procedures.

Dr. Demetris Stavrou, a board-certified plastic surgeon leading EIPS since 2012, brings extensive international training from medical institutions in Greece, London, Melbourne, and Israel to the practice. The surgeon's expertise encompasses both traditional and modern abdominoplasty techniques, offering patients personalised care that addresses specific anatomical requirements.

The new service model allows patients from across Cyprus to access initial consultations through the institute's decentralised appointment system. Following surgical clearance, patients travel to Nicosia for the procedure and an overnight stay.

Abdominoplasty procedures at EIPS <https://eips.com/> employ advanced techniques that prioritise tissue preservation, anatomical symmetry, and minimal scarring. Postoperative care follows structured protocols that guide patients through a gradual resumption of activity, wound management, and scheduled follow-up assessments.

The Surgery Center 3i facility features private recovery rooms, continuous monitoring by qualified medical personnel, and dedicated post-operative protocols designed to support natural healing processes whilst providing maximum comfort during critical early recovery stages. This enhanced clinical oversight addresses the specific needs of patients undergoing major abdominal contouring procedures.

Tummy tuck procedures address various concerns, including separated abdominal muscles following pregnancy, excess skin after substantial weight loss, and weakened core muscle structure that can contribute to persistent lower back discomfort. The procedure removes excess skin and tissue from the abdominal wall whilst tightening weakened muscles, creating improved body contour and functional benefits.

EIPS has observed increased demand for abdominoplasty procedures, particularly among individuals who have experienced major weight fluctuations or undergone pregnancy-related bodily changes. The decision to expand services with overnight recovery options reflects current patient needs whilst maintaining the institute's commitment to surgical safety.

The facility offers both mini tummy tuck procedures for patients with localised concerns below the navel and full abdominoplasty for those requiring comprehensive abdominal wall reconstruction. Advanced surgical techniques minimise scarring whilst maximising aesthetic and functional improvements, with careful attention paid to incision placement and tissue handling.

Recovery protocols include the use of compression garments to reduce swelling and support healing tissues, graduated activity recommendations to promote healthy circulation, and pain management strategies tailored to individual patient needs. Temporary drainage systems may be employed when necessary to prevent fluid accumulation and optimise healing conditions.

The institute's approach emphasises patient education regarding realistic expectations, recovery timelines, and long-term maintenance of surgical results. Candidates undergo a thorough evaluation to ensure surgical appropriateness and optimal timing relative to future family planning considerations and overall health status.

"The decision to expand abdominoplasty services with overnight recovery options reflects the institute's broader mission to prioritise patient safety and outcomes," stated a spokesperson for the European Institute of Plastic Surgery. "Tummy tuck procedures are among the most transformative in plastic surgery, and careful management during the first twenty-four hours is key to supporting long-term results."

Post-surgical care includes detailed instructions for wound care, activity restrictions, and warning signs that require immediate medical attention. Follow-up appointments are scheduled at specific intervals to monitor healing progress and address concerns during recovery.

The institute maintains accreditation standards that comply with European medical regulations and safety requirements.

Located at 38 Klimentos Street, the Nicosia facility offers convenient access for patients throughout Cyprus, while maintaining the high standards of care associated with the EIPS brand. The location offers modern surgical suites equipped with advanced monitoring and safety systems.

For patients considering abdominoplasty, the institute recommends scheduling a consultation to discuss individual goals, assess surgical candidacy, and develop a personalised treatment plan. Initial consultations provide comprehensive information about procedure options, expected outcomes, and recovery requirements.

The European Institute of Plastic Surgery maintains clinics in Cyprus, Greece, and Malta, providing individualised healthcare in modern facilities that meet European safety and care standards. The practice continues serving patients seeking aesthetic improvements and reconstructive solutions through advanced surgical techniques.

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We offer a comprehensive range of surgical and non-surgical procedures by internationally trained plastic surgeons.*

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