

Dr. Ben Szerlip, DO Launches ShoulderWise Podcast for Patient Education

October 22, 2025

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Board-certified orthopedic surgeon Benjamin W. Szerlip, DO has launched the ShoulderWise Podcast, a new educational resource designed to help patients and healthcare professionals better understand shoulder conditions, treatment options, and recovery strategies. The podcast, now available on multiple platforms, addresses common shoulder problems including rotator cuff tears, frozen shoulders, and arthritis while providing evidence-based insights into both surgical and non-surgical treatment approaches.

The ShoulderWise Podcast represents a significant expansion of patient education resources in orthopedic care, offering listeners direct access to expert knowledge typically reserved for clinical consultations. Each episode explores different aspects of shoulder health, from understanding the causes of shoulder pain to navigating recovery after surgery. The podcast format allows for in-depth discussions that go beyond what can be covered during typical medical appointments.

"Patients often feel overwhelmed when dealing with shoulder injuries, and many struggle to find reliable

information about their conditions," said Dr. Ben Szerlip, the podcast host and a fellowship-trained shoulder and sports medicine specialist. "The ShoulderWise Podcast bridges that gap by providing clear, actionable guidance that helps patients make informed decisions about their care, whether they're exploring conservative treatment options or preparing for surgery."

The podcast covers a comprehensive range of topics relevant to shoulder health, including injury prevention strategies for athletes, rehabilitation techniques, and the latest advances in shoulder surgery. Recent episodes have addressed fundamental questions such as understanding the root causes of shoulder pain and exploring Dr. Szerlip's own journey from construction work to becoming a shoulder specialist. The content is structured to benefit diverse audiences, from patients experiencing shoulder problems for the first time to healthcare professionals seeking to expand their knowledge of shoulder care.

As an Orthopedic Surgeon specializing in shoulder and upper extremity care, Dr. Szerlip brings extensive clinical experience to the podcast. His practice encompasses minimally invasive arthroscopic procedures, shoulder replacement surgeries, and innovative treatments such as platelet-rich plasma therapy and stem cell therapy. This broad expertise enables him to discuss both traditional and cutting-edge treatment approaches, helping listeners understand the full spectrum of available options.

The podcast emphasizes patient empowerment through education, aligning with Dr. Szerlip's clinical philosophy that informed patients achieve better outcomes. Each episode is designed to demystify medical terminology and explain complex procedures in accessible language, ensuring that listeners can actively participate in their healthcare decisions.

The ShoulderWise Podcast is available on Apple Podcasts, Spotify, YouTube, and through RSS feeds, making it accessible to audiences across various platforms. New episodes are released regularly, building a comprehensive library of shoulder health resources for patients, athletes, and healthcare providers.

Based in Austin, Texas, Dr. Szerlip maintains an active clinical practice specializing in shoulder and sports medicine surgery. His expertise includes arthroscopic rotator cuff repair, shoulder replacement procedures, and comprehensive sports injury treatment. The podcast extends his commitment to patient education beyond the clinical setting, providing valuable resources for individuals seeking to understand and address shoulder conditions.

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Benjamin W. Szerlip, DO

Dr. Szerlip is a board-certified, fellowship-trained orthopedic surgeon specializing in shoulder care, including replacements, rotator cuff repair, fracture treatment, sports injuries, and non-surgical options. Expert care tailored to your needs.

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