IV Solution & Ketamine Centers of Chicago Expands Protocols for Treatment Resistant Depression (TRD) and Chronic Pain Conditions

October 21, 2025

CHICAGO, IL - October 21, 2025 -
IV Solution and Ketamine Centers of Chicago, the city's first private facility dedicated to intravenous ketamine therapy, announces expanded treatment protocols for patients suffering from treatment-resistant mental health conditions and chronic pain disorders. The medical clinic now offers comprehensive ketamine infusion therapy alongside complementary treatments, including Stellate Ganglion Block injections and NAD+ therapy.

The center specializes in treating conditions that have proven resistant to conventional therapies, including treatment-resistant depression, anxiety, PTSD, OCD, fibromyalgia, and chronic pain. The expansion of treatment protocols comes as demand for alternative therapies continues to grow among patients who have exhausted traditional treatment options.

"We are seeing increasing numbers of patients who have tried multiple medications and therapies without finding adequate relief," said Dr. Bal Nandra, M.D., a spokesperson from IV Solution and Ketamine Centers

of Chicago. "Our ketamine infusion protocols offer a different mechanism of action that can provide meaningful improvement for many patients struggling with depression, anxiety, and chronic pain conditions."

The center's ketamine therapy involves customized 45-minute infusion sessions administered by board-certified anesthesiologists and registered nurses with specialized training. Patients remain conscious throughout the procedure while the ketamine works as an NMDA receptor antagonist, creating new neural pathways that can provide symptom relief within hours or days of treatment.

Patient testimonials and educational resources are available through the center's social media channels, including their Facebook page and YouTube channel, where veterans and civilians share their treatment experiences.

For patients with PTSD, the center offers Stellate Ganglion Block injections, a breakthrough treatment that involves an injection to block nerve signals causing PTSD symptoms. The clinic also provides NAD+ therapy, an intravenous treatment using a coenzyme found in all living cells to improve mental clarity, alertness, and concentration.

The typical treatment protocol involves six ketamine infusions over a two-week period, followed by maintenance treatments tailored to individual patient needs. The center has implemented financial assistance programs through partnerships with healthcare financing organizations to ensure treatment accessibility.

"Our mission is to provide hope and healing to those who have not found relief through traditional treatments," added Dr. Nandra. "Every patient receives personalized care from our multidisciplinary team, including anesthesiologists, registered nurses, and licensed therapists working collaboratively to ensure optimal outcomes."

The center also stays up to date with announcements and news. See their latest media story for more information. This media coverage is a part of the center's ongoing effort to raise awareness about alternative treatment options for mental health and chronic pain conditions.

IV Solution and Ketamine Centers of Chicago operates as a specialized medical clinic providing innovative intravenous treatments for mental health conditions and chronic pain. The facility combines state-of-the-art medical technology with personalized patient care, offering clinically proven therapies for depression, anxiety, PTSD, bipolar disorder, OCD, chronic pain, migraines, and fibromyalgia. The center maintains comprehensive patient resources, including health screening assessments, treatment information, and educational materials to help patients make informed decisions about their care.

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IV Solution & Ketamine Centers of Chicago

Chicago?s first and foremost clinic to provide innovative intravenous medical ketamine treatments for the treatment of depression, PTSD, anxiety & chronic pain.

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