

KEGE Center for ADHD Expands Access to Gold Standard ADHD Evaluation and Care Statewide

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KEGE Center for ADHD, a trailblazing psychiatric clinic known for its lived-experience-led approach to ADHD care, has announced a major expansion across Arizona. This growth initiative includes increased access to virtual evaluations, a more robust care infrastructure, and a firm commitment to reaching patients across Arizona, including those in underserved and rural communities.

The expansion comes at a time when ADHD diagnoses are rising nationally, and demand for high-quality, specialized care is outpacing the availability of trained professionals. Based in Gilbert, AZ, KEGE Center continues to distinguish itself through its clinically rigorous and patient-centered model. The practice offers 90-minute, evidence-based psychiatric evaluations for ADHD in children, teens, and adults. These assessments are conducted by board-certified psychiatric mental health nurse practitioners (PMHNP-BCs) with advanced ADHD training, which provides both clinical depth and emotional understanding.

Founder Keith Getic, PMHNP-BC, established the KEGE Center to address the widespread gaps in ADHD care that leave many patients misdiagnosed, misunderstood, or untreated. His personal experience with late-diagnosed ADHD shaped the clinic?s mission to provide clear, compassionate, and accurate care

without compromise. Under his leadership, KEGE Center has built a service model that actively rejects superficial computerized testing and rushed evaluations in favor of the comprehensive ?KEGE Standard.?

?Our evaluations are not based on a 15-minute quick test or a computer game,? said Keith Getic. ?We take time to understand the full picture, including how symptoms show up across environments, how coexisting conditions play a role, and what supports each patient's needs to function and thrive. That level of care should be standard, not rare.?

The clinic?s expanded offerings include statewide telehealth appointments, allowing individuals across Arizona to access ADHD-specific psychiatric services without long drives or extended waitlists. Many patients are scheduled within one to two weeks, a stark contrast to the typical industry delays of three to six months. This rapid access to care is particularly beneficial for families in smaller towns or rural regions who have historically lacked local providers trained in ADHD diagnosis and treatment.

A defining feature of KEGE Center?s approach is its use of Measurement-Based Care (MBC), a method that tracks patient progress through validated clinical tools at every visit. This allows for more precise medication adjustments, earlier identification of treatment barriers, and increased patient involvement in their own care plan. Rather than relying solely on subjective self-reporting, providers and patients review tangible data to inform next steps and build a sense of shared progress.

?Measurement-Based Care transforms follow-up appointments from guesswork into guided collaboration,? Keith Getic explained. ?Patients no longer have to rely on the vague question, ?How are you feeling?? We look at the data together and adjust care based on what is actually happening.?

KEGE Center?s innovations are not limited to clinical protocols. The practice has developed proprietary technology tools designed specifically for the ADHD population. Its patient portal, KEGE Connect, simplifies the intake and appointment experience with online step-by-step forms, clear reminders, and intuitive navigation.

For children undergoing ADHD evaluation, KEGE Bridge streamlines the process of gathering teacher input both before the initial assessment and at every follow-up appointment. This secure, mobile-based system delivers the Vanderbilt ADHD Diagnostic Rating Scale (VADRS) in a two-minute format optimized for educators, bridging the communication gap between families, schools, and clinicians. The result: a proven system ensuring consistent, data-driven care throughout the treatment journey.

Many patients report experiencing frustration often before they even reach the KEGE Center, with impersonal or inconsistent prescribing practices, which can lead to medication nonadherence. In fact, fewer than half of adult ADHD patients stay consistently medicated, frequently citing unclear guidance and irregular follow-up

from providers.

At KEGE Center, we address this head-on. Our follow-up visits are thoughtfully structured to provide genuine, ongoing support. Patients receive thorough medication reviews that explore dosage, side effects, effectiveness, and alignment with their personal goals. And when adjustments are needed, those changes are made collaboratively, with patients fully engaged and empowered.

The center also takes a lifespan approach to ADHD. Pediatric patients benefit from developmentally appropriate assessments that consider behavior across home and school environments. Adults, including those diagnosed later in life, are supported through evaluations that explore the emotional, social, and cognitive patterns that often go unrecognized for years.

The clinic?s providers regularly work with college students, working professionals, and parents, balancing multiple roles.

This holistic, patient-first approach has earned KEGE Center over 220 verified reviews, with 98% of those being five-star. Patients frequently cite the clinic?s empathy, responsiveness, and ability to make them feel understood. Many express relief at finally receiving an accurate diagnosis after years of being misdiagnosed with anxiety or depression.

As part of its continued growth, KEGE Center is expanding its team of board-certified psychiatric providers and forming new partnerships with schools, therapists, and referring medical professionals. The goal is to increase continuity of care and ensure patients remain supported throughout the diagnostic and treatment journey.

?We built KEGE Center to be the place we all wish had existed when we were struggling,? said Keith Getic. ?This expansion is not just about seeing more patients. It is about preserving the quality of care, deepening our community connections, and making sure no one in Arizona feels like ADHD support is out of reach.?

The clinic?s message is simple: accurate diagnosis matters, timely care matters, and patients deserve to feel supported, informed, and truly understood. Through its growing reach, KEGE Center continues to challenge the status quo and raise the standard for what ADHD care should look like.

About KEGE Center for ADHD

KEGE Center for ADHD is a psychiatric clinic based in Gilbert, Arizona, dedicated to the evaluation and treatment of attention-deficit/hyperactivity disorder in children, teens, and adults. Founded by Keith Getic, PMHNP-BC, the center provides 90-minute Gold Standard evaluations, measurement-based medication management, and ADHD-friendly in-office and online services statewide. KEGE Center is committed to

improving access, accuracy, and patient experience for individuals seeking real answers and lasting progress.

To schedule an ADHD evaluation or explore expanded psychiatric services across Arizona, contact KEGE Center for ADHD at (480) 605-4400 or online at www.kegecenter.com.

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For more information about KEGE Center for ADHD, contact the company here: KEGE Center for ADHDKeith Getic(480) 605-4400info@kegecenter.com1760 E Pecos Rd Ste 338 Gilbert, AZ 85295

KEGE Center for ADHD

KEGE Center for ADHD in Gilbert delivers expert, evidence-based mental health care for ADHD and related conditions across Arizona.

Website: https://kegecenter.com Email: info@kegecenter.com

Phone: (480) 605-4400



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