KEGE Center for ADHD Expands ADHD Services to Meet Arizona?s Growing Demand for Specialty Care

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GILBERT, AZ - October 17, 2025 -
KEGE Center for ADHD, a psychiatric practice dedicated to evidence-based ADHD care, has expanded and enhanced its core services to better serve patients across Arizona. These improvements aim to streamline access, improve diagnostic precision, and support more consistent treatment outcomes across children, adolescents, and adults.

The practice, founded by board-certified psychiatric nurse practitioner Keith Getic, is based in Gilbert and delivers statewide care through both in-person and telehealth appointments. The latest updates address growing demand for specialized ADHD services and reflect internal efforts to improve clinical workflows, patient communication, and long-term care planning.

?In many cases, people arrive here after years of uncertainty,? said Keith Getic. ?They?ve tried standard mental health care and still don?t feel understood. These updates reflect what we?ve learned from patients and our own experience about how ADHD care should function, both clinically and logistically.?

At the center of KEGE?s service model is a 90-minute initial diagnostic evaluation. These appointments have

now been enhanced with additional validated screening tools, expanded intake workflows, and faster integration of collateral input through KEGE Bridge, a secure system for gathering structured feedback from teachers, partners, or caregivers.

Medication management protocols have also been updated. Follow-up visits incorporate Measurement-Based Care practices, using symptom tracking tools to guide dose adjustments and treatment decisions. This process reduces the trial-and-error approach many patients face elsewhere and gives patients clear expectations about timelines, monitoring strategies, and side effect management.

Enhancements have also been made to KEGE Connect, the clinic?s ADHD-friendly patient portal. The system now allows for faster scheduling, document retrieval, secure messaging, and refill coordination. It is designed to reduce friction in care navigation, particularly for patients experiencing executive dysfunction, time blindness, or digital fatigue. The streamlined system is helping patients stay on top of appointments and maintain communication with providers without added stress.

Staff training has expanded to include enhanced diagnostic methods and developmentally informed approaches for teens and young adults. The practice has also introduced a refined intake process for patients presenting with previous diagnoses, creating a path for structured re-evaluation when needed. This process is proving especially valuable for individuals whose earlier assessments were incomplete, outdated, or conducted without ADHD-specific expertise.

The impact of these enhancements is already being felt. Families describe the evaluation process as structured and supportive, noting improvements in school consistency and engagement. Adult patients share that clearer diagnoses have helped them better understand workplace challenges and make informed treatment decisions. Patients consistently emphasize relief, not just in symptom improvement but in finally being understood.

?Some of the most impactful feedback we receive isn?t just about symptoms, it?s about relief,? Getic said. ?Relief that someone listened. Relief that it?s not their fault. That?s the kind of change we want to deliver through structured, clinically sound care.?

KEGE Center for ADHD serves a diverse population, including college students, professionals, parents, and teens. The practice has been particularly active in addressing underdiagnosed ADHD in women and providing specialized evaluations for patients who previously received unclear or conflicting diagnoses. The expanded systems also support patients transitioning between life stages, such as entering college, starting a new job, or adjusting to new family roles, times when ADHD symptoms may shift or become more pronounced.

Patients throughout Arizona, including in Gilbert, Phoenix, Tempe, Chandler, Mesa, and Scottsdale, can now access the full suite of enhanced services virtually or in person. All clinical care is provided by board-certified psychiatric nurse practitioners trained in neurodevelopmental conditions and evidence-based ADHD treatment.

The team plans to continue refining systems and gathering patient feedback as part of an ongoing commitment to clinical quality and accessibility. The enhancements are part of KEGE?s long-term goal to set a higher standard for ADHD-specific psychiatric care in Arizona.

Appointments are now open for new evaluations, therapy, and medication follow-up. Existing patients will be automatically transitioned into the updated systems through the KEGE Connect portal. Contact KEGE Center for ADHD at (480) 605-4400 or visit their website.

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KEGE Center for ADHD

KEGE Center for ADHD in Gilbert delivers expert, evidence-based mental health care for ADHD and related conditions across Arizona.

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