

Sleep Better Marysville Relocates to New Office to Enhance Access to Sleep Apnea and TMJ Treatment Services

October 22, 2025

MARYSVILLE, OH - October 22, 2025 -
Sleep Better Marysville, a dental practice specializing in sleep apnea treatment and TMJ treatment in Marysville, Ohio, has announced the relocation of its office to a new facility at 1139 N. Maple Street, Marysville, OH 43040. The move marks a significant step in the practice?s continued commitment to providing oral appliance therapy and comprehensive care for patients struggling with sleep-related breathing disorders and jaw dysfunction. The new location is now open and accepting patients seeking individualized treatment options for improved sleep health and pain relief.

The updated facility offers a more comfortable and modern environment for consultations, diagnostic evaluations, and follow-up care. The expanded layout includes upgraded patient rooms designed to ensure privacy and relaxation during appointments, as well as state-of-the-art equipment that enhances the accuracy of sleep apnea and TMJ assessments. Additionally, the updated design provides a calming atmosphere intended to reduce anxiety and promote patient comfort, reflecting the clinic?s holistic approach to wellness and treatment. The move has positioned the clinic to meet the growing demand for non-invasive sleep apnea and TMJ solutions in the Marysville area, while continuing to provide the high level of personalized attention

that has long distinguished Sleep Better Marysville?s care philosophy.

Sleep Better Marysville?s relocation comes at a timely point in the year when many residents are prioritizing their long-term health before the holiday season. As colder weather and shorter days set in, patients often experience heightened fatigue, disrupted sleep patterns, and stress-related muscle tension ? symptoms that can be linked to untreated sleep apnea or temporomandibular joint (TMJ) disorders. The clinic?s new facility provides the space and resources to evaluate these conditions comprehensively.

Sleep Better Marysville is led by Dr. Mark Levy and Dr. Dawne Slabach, both highly regarded practitioners with decades of experience in treating sleep-disordered breathing and jaw dysfunction using non-surgical methods. Dr. Levy, who has dedicated much of his professional career to dental sleep medicine, is recognized for his expertise in oral appliance therapy ? a treatment designed to reposition the jaw and maintain open airways during sleep. Dr. Slabach brings a similarly deep background in comprehensive patient care, with a focus on the connection between oral health, airway function, and overall well-being. Together, they combine their knowledge of dental sleep medicine to deliver practical, patient-centered solutions that address the underlying causes of sleep apnea and TMJ pain.

According to Dr. Levy, the relocation represents more than just a new address ? it signifies a new and enhanced opportunity to serve the community. ?Our goal has always been to help patients in Marysville and surrounding areas experience healthier, more restful sleep,? said Levy. ?This new facility allows us to expand access to treatment, improve patient comfort, and continue offering non-invasive care options for people suffering from sleep apnea or TMJ disorders.?

A representative from Sleep Better Marysville added that the expanded office supports the practice?s goal of early intervention and patient education. ?We often see individuals who have lived with symptoms like snoring, teeth grinding, or morning headaches for years without realizing they may be signs of a treatable condition,? said the spokesperson. ?By relocating and improving our facilities, we can continue educating patients about alternative, effective treatments such as oral appliance therapy.?

Sleep apnea and TMJ disorders are often underdiagnosed conditions, but their impact on overall health can be significant. Sleep apnea can contribute to daytime fatigue, cardiovascular stress, and difficulty concentrating, while TMJ dysfunction can cause chronic jaw pain, headaches, and difficulty chewing. Both conditions are commonly linked to airway restriction and muscular tension, issues that Sleep Better Marysville addresses through custom-designed oral appliances. These devices, fitted by an experienced dentist for sleep apnea in Marysville, gently adjust the jaw position to prevent airway collapse and relieve joint strain.

Dr. Slabach emphasized the importance of timely evaluation, particularly as residents prepare for the colder months when fatigue and seasonal changes can affect sleep quality. ?Autumn and early winter are ideal times to address sleep concerns,? said Slabach. ?With the days getting shorter and people spending more time indoors, this season provides a valuable opportunity to focus on personal health. Identifying and treating conditions like sleep apnea or TMJ disorder before the holidays can greatly improve one?s energy, focus, and overall quality of life.?

The move to 1139 N. Maple Street also reflects Sleep Better Marysville?s long-term vision for expanding its role in community wellness. By providing a centralized, easily accessible location, the practice is better positioned to collaborate with local physicians, sleep specialists, and healthcare providers, ensuring patients receive coordinated and effective care. The new office layout supports enhanced diagnostic technology, comfortable consultation rooms, and dedicated spaces for patient education ? all designed to foster a calm and informative experience from diagnosis through treatment.

A representative noted that patient response to the new office has already been positive. ?Many patients have expressed appreciation for the additional space and the convenience of the new location,? said the spokesperson. ?The improvements align with our mission to make sleep and TMJ care approachable and effective for everyone in the Marysville community.?

As awareness of sleep-related conditions continues to grow nationwide, the need for specialized providers capable of diagnosing and managing these issues has become more urgent. Sleep Better Marysville offers proven, dentist-led approaches that integrate airway science and restorative dentistry. Their focus on oral appliance therapy in Marysville continues to attract individuals seeking alternatives to traditional CPAP machines or surgical procedures.

For residents experiencing persistent snoring, jaw discomfort, or restless sleep, Sleep Better Marysville encourages scheduling a consultation to explore available treatment options. Appointments can be made through the practice?s official website.

With the relocation now complete, the team at Sleep Better Marysville looks forward to continuing its mission of improving patients? health, vitality, and quality of rest. As Levy summarized, ?Every patient who walks through our doors deserves a solution that fits their lifestyle and helps them wake up feeling restored.?

For more information about Sleep Better Marysville, visit https://sleepbettermarysville.com/

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Sleep Better Marysville

Sleep Better Marysville helps people with sleep apnea, snoring and the conditions associated with them, such as teeth grinding and fatigue.

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