European Institute of Plastic Surgery Expands Blepharoplasty Services Across Cyprus to Meet Growing Demand for Eyelid Rejuvenation

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The European Institute of Plastic Surgery (EIPS), a leading provider of advanced cosmetic procedures in Cyprus, has announced the expansion of its blepharoplasty services to better serve patients throughout the island. Under the leadership of Dr. Stavrou, the institute now performs eyelid lift procedures at multiple locations, including Nicosia and Limassol, making this increasingly popular cosmetic surgery more accessible to residents across Cyprus.

Blepharoplasty, commonly known as eyelid surgery or an eyelid lift, addresses both aesthetic and functional concerns related to the upper and lower eyelids. The procedure has seen a significant increase in demand across Europe, with patients seeking solutions for drooping eyelids, under-eye bags, and puffiness that can make individuals appear tired or older than they feel. The European Institute of Plastic Surgery has responded to this growing interest by making the procedure available at its established facilities in two of Cyprus's major cities.

The expansion reflects the institute's commitment to providing comprehensive plastic surgery services

throughout the region. Dr. Stavrou, who leads the surgical team at EIPS, brings extensive experience in facial rejuvenation procedures and has established the institute as a trusted destination for patients seeking natural-looking results. The decision to offer blepharoplasty services across multiple locations stems from increasing patient inquiries and the recognition that many Cypriots are seeking convenient access to quality cosmetic procedures closer to home.

Blepharoplasty addresses several common concerns that affect both men and women as they age. Excess skin on the upper eyelids can create a hooded appearance and, in severe cases, may even interfere with peripheral vision. Lower eyelid surgery targets bags and puffiness under the eyes, as well as loose skin that contributes to a tired appearance. The procedure can be performed on the upper lids, lower lids, or both, depending on the individual patient's needs and aesthetic goals.

A spokesperson for the European Institute of Plastic Surgery emphasized the personalized approach taken with each patient. "Every individual who walks through the doors at EIPS receives a comprehensive consultation to understand their specific concerns and desired outcomes. The goal is never to create a dramatic change, but rather to help patients look like refreshed, rested versions of themselves. By offering blepharoplasty services in both Nicosia and Limassol, the institute can serve a broader patient base while maintaining the same high standards of care and attention to detail that have become the hallmark of the practice."

The procedure typically takes 1 to 3 hours, depending on whether both upper and lower eyelids are being addressed. During upper eyelid surgery, incisions are carefully placed within the natural creases of the eyelid, making any resulting scars virtually invisible once healed. For lower eyelid procedures, incisions may be placed just below the lash line or inside the lower lid, depending on the specific technique employed. The European Institute of Plastic Surgery employs advanced surgical techniques to minimize scarring and expedite healing.

Recovery from blepharoplasty is generally straightforward, with most patients experiencing swelling and bruising that typically subside within 2 weeks. Many individuals can return to non-strenuous activities within a week to 10 days after surgery. The results of eyelid surgery are long-lasting, with most patients enjoying their refreshed appearance for many years. While the aging process continues naturally, the improvements achieved through blepharoplasty typically remain evident for years.

The availability of blepharoplasty services at both the Nicosia and Limassol locations means patients can choose the facility that is most convenient to their residence or workplace. Both locations feature modern surgical facilities equipped with the latest technology and staffed by experienced medical professionals. The institute maintains strict safety protocols and follows international standards for surgical excellence, ensuring patients receive the highest level of care regardless of which location they visit.

Patient education forms a cornerstone of the services provided at EIPS. During initial consultations, the surgical team thoroughly explains the blepharoplasty procedure, discusses realistic expectations, and reviews before-and-after photographs of previous patients. This transparent approach helps prospective patients make informed decisions about whether eyelid surgery aligns with their personal goals. The institute also conducts comprehensive medical evaluations to ensure candidates are in good overall health and suitable for the procedure.

The growing popularity of blepharoplasty reflects broader trends in cosmetic surgery, where patients increasingly seek procedures that offer natural-looking rejuvenation rather than dramatic alterations. The eyes play a central role in facial expressions and interpersonal communication, making the area around the eyes particularly important for overall facial aesthetics. Addressing concerns in this region can have a profound impact on how individuals perceive themselves and how others perceive them, often leading to increased confidence in both personal and professional settings.

Dr. Stavrou and the team at EIPS recognize that choosing to undergo any cosmetic procedure represents a significant decision. The expanded availability of blepharoplasty services across Cyprus demonstrates the institute's dedication to making quality plastic surgery accessible while maintaining the personalized care that patients expect. Each member of the surgical and support staff receives ongoing training in the latest techniques and patient care protocols, ensuring that standards remain consistently high across all locations.

The European Institute of Plastic Surgery has built its reputation on surgical expertise, patient-centered care, and natural-looking results. The expansion of blepharoplasty services to serve patients across Nicosia and Limassol marks the next chapter in the institute's growth, enabling more individuals to benefit from the transformative effects of eyelid rejuvenation. As demand for cosmetic procedures continues to rise across Cyprus and the broader Mediterranean region, EIPS remains committed to meeting patient needs while upholding the highest standards of safety and surgical excellence.

For individuals considering blepharoplasty or other cosmetic procedures, the European Institute of Plastic Surgery offers comprehensive consultations at both its Nicosia and Limassol locations. The institute's commitment to patient education, combined with Dr. Stavrou's surgical expertise, has positioned EIPS https://eips.com/ as a leading destination for those seeking facial rejuvenation procedures in Cyprus.

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European Institute of Plastic Surgery

European Institute of Plastic Surgery (EIPS) is a plastic surgery clinic, led by the Plastic Surgeon Demetris Stavrou. Dr. Demetris Stavrou performs a wide range of plastic surgeries, from facials to body, breast & other skin treatments.

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