



Aging Water Heaters May Face Early Failure as Fall Temperatures Drop, Texas Plumbers Warn

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As cooler temperatures begin to settle across the country this fall, plumbing professionals at Christmas Air Conditioning and Plumbing are issuing a reminder to homeowners about the importance of monitoring their water heaters. In areas like Flower Mound and surrounding communities, plumbing technicians have observed a recurring pattern in recent years: an uptick in water heater malfunctions and system failures as the weather transitions from warm to cold. Increased hot water usage, combined with aging equipment, is placing added strain on household systems already nearing the end of their service life. According to the company, many homeowners are unaware that these seasonal shifts can accelerate wear on internal components, often leading to costly breakdowns at the start of the heating season.

The company emphasizes that fall is an especially vulnerable time for older systems, as water heaters must suddenly work harder to meet increased demand for hot showers, laundry, and dishwashing during cooler weather. A recent review of service calls by Christmas Air Conditioning and Plumbing found that a significant portion of water heater repairs or replacements occur between mid-October and early December.

Homeowners experiencing reduced water temperature, fluctuating pressure, or rusty-colored water may already be facing early signs of system fatigue. If a water heater shows signs of failure, it may be wise to schedule an inspection or consider professional water heater replacement before colder weather sets in.

Nathan Lenahan, owner of Christmas Air Conditioning and Plumbing located in Flower Mound, Texas, noted that while water heaters are built to last, neglect and age remain the two leading causes of failure. "Most homeowners don't realize that the average water heater only lasts about 8 to 12 years, depending on the quality of installation, water hardness, and maintenance habits," Lenahan said. "By the time a unit begins showing minor symptoms, it's often already well into the final stages of its lifespan. We see a lot of people wait until it fails completely, and unfortunately, that usually means no hot water when they need it most." Lenahan explained that sediment buildup, corrosion inside the tank, and worn heating elements are common issues that intensify as temperatures drop, stressing systems that are already operating near their limits.

Across North Texas, homeowners often underestimate the impact of regional water quality on their plumbing systems. Hard water in many municipalities contributes to accelerated mineral accumulation inside tanks, shortening the functional life of even newer models. Lenahan said that while regular maintenance, such as annual flushing, can extend performance, most homeowners neglect this task, allowing sediment layers to build up over time. "Sediment acts as an insulator," he added. "That means the system has to use more energy to heat the same amount of water, which not only raises utility bills but also causes internal components to overheat. Eventually, that leads to premature tank failure or dangerous pressure buildup."

Plumbing experts throughout the region agree that the transition into fall often reveals weak points in a home's hot water system that may have gone unnoticed during the summer months. When air and water temperatures decline, it takes longer for a heater to reach the desired temperature, increasing strain on thermostats and heating elements. Technicians from Christmas Air Conditioning and Plumbing have also reported that the sudden increase in household activity during the school year—such as morning showers and laundry loads—compounds the stress placed on older systems. Homeowners who hear popping noises, notice longer heating times, or detect water pooling around the base of their heater should view these as warning signs that immediate professional attention is required.

Lenahan emphasized that ignoring these signs can result in extensive property damage. "A leaking water heater is more than just an inconvenience," he explained. "It can cause significant water damage to floors, drywall, and even structural components if not addressed quickly. What might start as a slow drip can become a major flood overnight." He noted that replacing a unit proactively is almost always more cost-effective than responding to an emergency leak or complete system failure. In his experience, households that replace their water heater before it fails save money not only on repair costs but also through improved energy efficiency.

The company's technicians have seen firsthand how unpredictable breakdowns can disrupt household routines, especially during the busy fall and winter months. Families preparing for the holidays often discover that their water heater can no longer keep up, resulting in uncomfortable showers and unexpected repair expenses. Homeowners should schedule preventive maintenance or inspection appointments as soon as early warning signs appear, particularly for systems installed more than a decade ago. Professional evaluation allows technicians to identify corrosion, pressure irregularities, and temperature control issues before they become emergencies.

According to Lenahan, homeowners who delay service until after a malfunction often face longer wait times and higher repair costs due to seasonal demand. "Once we hit late October, our schedule fills up fast with calls about leaking or failed heaters," he said. "By that point, there's often little that can be done besides replacing the unit. It's always better to plan ahead." He added that newer high-efficiency models are designed to deliver consistent performance while using less energy, offering both reliability and long-term savings for homeowners who make the switch before their current system fails.

The shift toward more efficient systems has also been influenced by updated building standards and energy regulations. In many cases, homeowners are required to upgrade to modern models that meet current efficiency guidelines. These units typically feature better insulation, advanced heating elements, and digital monitoring systems that improve safety and performance. While the upfront investment can be significant, Lenahan explained that most households recoup these costs within a few years through lower utility bills and reduced repair needs. "A properly sized and installed water heater should not only meet your family's needs but also operate safely and efficiently for years," he said. "That's why correct installation and maintenance are just as important as the model you choose."

The company continues to remind homeowners that early replacement decisions can prevent unexpected cold showers, water damage, and costly repairs during the winter season. More information about water heater maintenance and replacement can be found at <https://christmasair.com/plumbing-services/water-heater-replacement/>

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Christmas Air Conditioning and Plumbing

Christmas Air Conditioning & Plumbing is committed to providing plumbing & HVAC services, specializing in sewer line repair & replacement, HVAC system repairs, thermostat installation & repair, and comprehensive maintenance.

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