KEGE Center for ADHD Announces Enhanced Clinical Services to Meet Growing Demand for Accurate ADHD Care

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GILBERT, AZ - October 27, 2025 -
KEGE Center for ADHD, a psychiatric practice specializing in evidence-based ADHD evaluation and coordinated care, has announced a series of clinical enhancements designed to improve patient access, diagnostic precision, and long-term continuity of treatment. The updates expand upon the center?s established model of 90-minute, measurement-based evaluations and structured follow-up care, reinforcing its commitment to providing accurate, data-supported ADHD services across Arizona.

The decision follows an increasing statewide demand for qualified ADHD specialists and the need for more comprehensive diagnostic approaches. Many individuals seeking evaluation present with overlapping symptoms of anxiety or depression, which can complicate diagnosis and delay effective treatment. KEGE Center?s latest service updates directly address these challenges by refining its diagnostic framework and expanding patient input pathways to ensure each assessment captures a full picture of daily functioning.

?Too many patients spend years chasing answers,? said Keith Getic, MSN, PMHNP-BC, founder of KEGE Center for ADHD. ?These enhancements are designed to stop the guessing and deliver clarity from the very

first evaluation.?

KEGE Center?s diagnostic process continues to be grounded in its Gold Standard 90-minute evaluation, an evidence-based approach that integrates validated rating scales, structured clinical interviews, and collateral input from caregivers, educators, or employers when relevant. For children, the KEGE Bridge system allows teachers to securely share classroom observations, improving diagnostic accuracy through real-world data. For adults, new intake options now include workplace or academic documentation that helps illustrate how attention challenges affect performance and relationships.

The clinic has also updated its digital systems to streamline care delivery. Through KEGE Connect, the center?s secure patient portal, patients can now access enhanced scheduling tools, expedited prescription processing, and simplified communication with providers. These improvements reduce administrative barriers, ensuring consistent follow-up and timely coordination of medication management. The expanded platform also helps patients stay more organized, offering a single point of access for clinical summaries, rating scales, and medication updates. This ADHD-friendly design makes it easier for patients to remain engaged in their care between appointments.

?Medication management is most effective when communication is clear and structured,? said Angela Thomas, PMHNP, a provider at KEGE Center. ?Our updated systems make it easier for patients to stay connected and for providers to track progress in real time.?

All KEGE Center for ADHD providers are board-certified psychiatric nurse practitioners with advanced ADHD training, ensuring care that combines clinical accuracy with empathy and understanding. The team has completed additional coursework in ADHD presentation across diverse populations, including women and high-performing adults group often overlooked in standard diagnostic frameworks. Providers also employ validated screening tools to identify co-occurring conditions such as anxiety, mood dysregulation, and sleep disturbance, allowing for more comprehensive and individualized care plans.

The practice?s commitment to Measurement-Based Care remains central to its clinical approach. Each follow-up appointment includes data collection using validated tools that assess symptom changes and functional improvement. This information helps providers make evidence-informed adjustments to medication or supportive interventions, promoting transparency and accountability throughout the care process.

KEGE Center?s outcomes continue to reflect the effectiveness of its model. The clinic has received more than 220 verified patient reviews, with 98 percent rating their experience five stars. Many describe their evaluations as thorough, compassionate, and life-changing. Internal tracking data show that most patients report a clearer understanding of their diagnosis and improved functioning within the first few follow-up visits.

?Our approach equips students, professionals, and families with strategies that help them navigate daily life more effectively,? Thomas added. ?It?s about providing the structure and understanding that make sustainable progress possible.?

Since its founding in 2021, KEGE Center for ADHD has served as a trusted resource for individuals seeking specialized ADHD evaluation and care coordination. Based in Gilbert and offering telehealth services statewide, the practice ensures that patients throughout Arizona have access to comprehensive ADHD-focused care without unnecessary delays. Its patient-centered framework combines evidence-based methodology with accessible technology to make high-quality ADHD evaluation and ongoing support available to more communities than ever before.

?Every enhancement we make is about precision, accessibility, and respect for the patient?s time,? said Keith Getic, MSN, PMHNP-BC. ?We want each person who reaches out to feel confident that their evaluation will be thorough, their care will be collaborative, and their progress will be measured.?

KEGE Center for ADHD is a psychiatric practice specializing in ADHD evaluation, medication management, and coordinated care for patients across Arizona. All providers are board-certified psychiatric nurse practitioners with advanced ADHD training. The practice is recognized for its Gold Standard 90-minute diagnostic evaluations, validated tools, and its commitment to measurement-based follow-up care that promotes long-term stability and improved daily functioning.

For more information about KEGE Center for ADHD or to schedule an ADHD evaluation, visit the KEGE Center for ADHD website to learn more about in-office and statewide telehealth options.

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KEGE Center for ADHD

KEGE Center for ADHD in Gilbert delivers expert, evidence-based mental health care for ADHD and related conditions across Arizona.

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