Intouch Healthcare Solutions Expands Nurse-Led Home Care Services

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ALEXANDRIA, VA - November 03, 2025 -
Intouch Healthcare Solutions, a professional home health care provider serving Maryland and Virginia, has expanded its comprehensive nurse-led home care services throughout Northern Virginia, bringing hospital-quality care directly to patients' homes. The expansion reflects growing demand for skilled nursing and therapeutic services that allow patients to recover in familiar surroundings while maintaining their independence and dignity.

"After spending more than a decade in hospital leadership roles, I recognized that many patients could achieve better outcomes recovering at home with proper professional support," said Shalewa Olujimi, Founder and Chief Executive Officer of Intouch Healthcare Solutions Alexandria. "The hospital environment, while necessary for acute care, often creates additional stress for patients and families. By bringing skilled nursing and therapeutic services directly to homes, we're seeing remarkable improvements in both recovery times and quality of life."

Founded by Shalewa Olujimi, a Registered Nurse with 13 years of hospital leadership experience, the company represents a significant shift in how healthcare is delivered to seniors and individuals with

disabilities. The transition from traditional hospital-based care to home-centered services addresses critical gaps in patient recovery and long-term care management across the region.

The company's comprehensive service offerings include 24-hour care and live-in support, skilled nursing services, in-home professional therapies, specialized dementia and Alzheimer's care, cancer care support, and stroke recovery assistance. Each service is delivered by licensed professionals, including Registered Nurses and Licensed Practical Nurses who provide wound care, IV therapy, medication management, and support for complex medical conditions under clinical supervision.

As a Healthcare Solutions Provider in Alexandria, the organization has developed specialized programs that address the unique needs of Northern Virginia's aging population. The company's Virginia DDA Services specifically support individuals with developmental disabilities, helping them maintain independence while receiving necessary care and assistance with daily activities.

The expansion comes at a critical time when healthcare systems nationwide are seeking alternatives to extended hospital stays and institutional care. Home-based care has emerged as a cost-effective solution that improves patient satisfaction while reducing readmission rates and healthcare expenses for families and insurance providers.

"The transformation we're witnessing in healthcare delivery is profound," added Olujimi. "Patients who receive care at home often experience less anxiety, better sleep patterns, and stronger family engagement in their recovery process. These factors contribute significantly to improved health outcomes and faster recovery times."

The company's approach integrates physical, occupational, and speech therapy services to support mobility, independence, and communication as patient needs evolve. This comprehensive model ensures continuity of care while allowing healthcare professionals to address multiple aspects of patient wellness simultaneously.

Intouch Healthcare Solutions serves communities throughout Maryland, including Prince George's County, Montgomery County, Howard County, Anne Arundel County, Frederick County, Baltimore County, and most Eastern Shore Counties, in addition to its expanding Northern Virginia service area. The company accepts various insurance plans to ensure home healthcare remains accessible and affordable for families throughout the region.

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Intouch Healthcare Solutions LLC

Founded in 2019 by a nurse with 13 years of experience, InTouch Healthcare Solutions delivers hospital-quality home care. Women-owned and nurse-founded, we provide compassionate support that promotes healing, independence, and trust.

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