

Resurgence Behavioral Health Releases New Educational Resource Explaining How Medication-Assisted Treatment Supports Recovery

November 05, 2025

JURUPA VALLEY, CA - November 05, 2025 -

Resurgence Behavioral Health has released a new educational resource titled "How Does Medication-Assisted Treatment Work?" that provides an in-depth explanation of the science, structure, and success rates of this evidence-based approach to addiction recovery. The article, now available on the Resurgence Behavioral Health website, outlines how Medication-Assisted Treatment (MAT) combines FDA-approved medications with behavioral therapies to help patients manage withdrawal symptoms and reduce relapse risk.

According to the Substance Abuse and Mental Health Services Administration (SAMHSA), MAT has been shown to improve patient retention in treatment programs and decrease the likelihood of opioid overdose by more than 50%. The resource emphasizes that medication-assisted therapy is not a substitute for counseling or behavioral support but rather a clinically integrated component of a holistic addiction treatment plan. This balanced approach aligns with recommendations from the National Institute on Drug Abuse (NIDA), which identifies MAT as one of the most effective, research-backed methods for addressing opioid and alcohol use disorders.

The publication provides detailed insights into how medications such as buprenorphine, methadone, and naltrexone are used to stabilize patients during early recovery stages while helping them maintain long-term sobriety. It also explains the behavioral components of MAT, including cognitive behavioral therapy (CBT), relapse prevention training, and trauma-informed counseling?all designed to address the psychological and emotional aspects of addiction.

Resurgence Behavioral Health integrates MAT within a continuum of care that includes inpatient drug rehab, outpatient rehab, partial hospitalization (PHP), and intensive outpatient programs (IOP). This model enables patients to transition smoothly between levels of care based on their clinical progress, ensuring stability throughout their recovery. The approach aligns with evidence from NIDA showing that patients who participate in long-term, step-down treatment programs achieve better outcomes than those who receive isolated or short-term interventions.

For people in Riverside and nearby suburbs such as Rubidoux, Pedley, Glen Avon, Mira Loma, and Home Gardens, the new resource offers valuable guidance on how MAT can help manage the physiological and psychological challenges of addiction. Many people in these communities are seeking ?drug rehab near me? or ?inpatient drug rehab? options that combine medical supervision with behavioral therapy. The resource clarifies that MAT programs, when paired with evidence-based counseling, help patients regain stability faster and reduce the emotional distress commonly associated with detoxification.

The article also highlights how outpatient programs using MAT provide flexibility for those balancing recovery with work, school, or family commitments. SAMHSA?s research indicates that outpatient MAT programs are particularly effective for patients who have already completed detox or residential treatment but still require medical support and accountability. This model enables individuals in areas such as Glen Avon and Home Gardens to continue therapy while managing their daily responsibilities, without compromising the quality or continuity of their treatment.

Additionally, the resource underscores the critical role stigma reduction plays in expanding MAT services nationwide. Despite widespread evidence supporting its efficacy, some patients hesitate to use medications in addiction treatment due to misconceptions about dependency or relapse potential. Studies from the Journal of Addiction Medicine confirm that MAT, when administered under medical supervision, enhances long-term recovery outcomes and significantly reduces relapse rates. Resurgence Behavioral Health?s resource addresses these misconceptions with peer-reviewed data and practical information about how MAT is applied in clinical settings.

In neighborhoods such as Rubidoux and Pedley, patients frequently encounter barriers related to cost, accessibility, or a lack of understanding of treatment options. The publication explains that most major insurance plans can cover MAT and that it is usually included in both inpatient and outpatient addiction treatment programs. The resource encourages patients and families to verify insurance coverage to ensure financial clarity before entering treatment?a process consistent with recommendations from the National Council for Mental Well-being, which stresses that transparency in financial planning improves treatment participation and retention.

Through the release of "How Does Medication-Assisted Treatment Work?", Resurgence Behavioral Health continues its educational mission of providing patients and their families with clear, fact-based information about addiction recovery options. By focusing on scientific evidence and real-world application rather than promotional language, the resource contributes to broader public understanding of modern addiction medicine.

Residents in Riverside, Rubidoux, Pedley, Glen Avon, Mira Loma, and Home Gardens seeking ?best drug rehab centers,? ?outpatient drug rehab,? or ?inpatient drug rehab? can explore the Resurgence Behavioral Health Riverside location page to learn more about treatment pathways that incorporate medication-assisted programs. The resource reflects the organization?s continued commitment to accessibility, clinical integrity, and recovery education, enabling patients to make informed decisions based on evidence-based care.

###

For more information about Resurgence Alcohol & Drug Rehab Riverside, contact the company here:Resurgence Alcohol & Drug Rehab RiversideDavid Rofofsky+19498996003info@resurgencebehavioralhealth.com3686 Pacific Ave, Jurupa Valley, CA 92509

Resurgence Alcohol & Drug Rehab Riverside

Resurgence Behavioral Health Riverside is the #1 addiction treatment center in Riverside, California, for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth cocaine as well as prescription drug addiction, we can help.

Website: https://resurgencebehavioralhealth.com/california/riverside

Email: info@resurgencebehavioralhealth.com

Phone: +19498996003