

North American Spine and Pain Launches New Approach to Back Pain Management

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North American Spine and Pain has announced the introduction of a new clinical approach to back pain management, expanding its suite of interventional treatments designed to address chronic and acute spinal conditions. The initiative, launched in November 2025, integrates advanced injection-based therapies and diagnostic techniques aimed at improving functional outcomes for patients with persistent back pain.

According to the Centers for Disease Control and Prevention, back pain remains one of the most common causes of disability and missed work in the United States. North American Spine and Pain?s updated treatment model emphasizes precision diagnostics and minimally invasive procedures to reduce inflammation and restore mobility. The multidisciplinary team led by board-certified pain management physicians will apply evidence-based practices for spinal conditions resulting from herniated discs, spinal stenosis, or degenerative disc disease.

?Chronic back pain often involves multiple structural and neurological factors, which require individualized

evaluation,? said Kieran Slevin, MD, Pain Management Specialist at North American Spine and Pain. ?Our clinical model is designed to address the underlying source of pain rather than its symptoms, providing patients with a comprehensive pathway toward improved function and stability.?

The new approach includes several targeted injection therapies such as epidural steroid injections, facet joint injections, and radiofrequency ablation (RFA). These procedures are performed under image guidance to enhance accuracy and patient safety. Each treatment is selected following diagnostic assessment and consultation, ensuring that interventions are aligned with specific anatomical and neurological findings.

Epidural steroid injections are used to deliver corticosteroids directly around spinal nerves to decrease inflammation associated with disc herniation or nerve compression. Facet joint injections can relieve pain originating from the small joints between vertebrae, while RFA uses controlled heat to disrupt nerve signaling in cases of chronic joint pain. For muscular pain syndromes, trigger point injections may also be used to target localized areas of spasm or tension. By combining these methods, North American Spine and Pain aims to offer measurable relief while minimizing the need for long-term medication use.

Founded to advance interventional pain medicine in the Mid-Atlantic region, North American Spine and Pain operates multiple clinical locations and provides coordinated care across neurology, orthopedics, and physical rehabilitation. The organization employs a team-based model to facilitate ongoing evaluation of treatment effectiveness and long-term outcomes. Patient care plans are developed through collaboration between physicians and allied health professionals to ensure consistent follow-up and continuity.

Back pain can arise from age-related degeneration, repetitive strain, or traumatic injury. Without appropriate treatment, these conditions can lead to mobility limitations and secondary complications such as muscular imbalance and reduced quality of life. By introducing this structured approach to spine care, North American Spine and Pain underscores the importance of early intervention and precision-guided therapy in preventing chronic disability.

The Cherry Hill Township facility at 1601 Kings Hwy N, Suite 800, serves as one of the organization?s regional centers for interventional back pain management. Procedures are performed in accredited settings adhering to national safety and sterility standards. The clinical team also participates in continuing education programs and research initiatives focused on optimizing outcomes in minimally invasive pain medicine.

North American Spine and Pain?s initiative reflects a growing emphasis within the medical community on procedural accuracy and multidisciplinary care for spinal disorders. As diagnostic imaging and interventional technologies evolve, the organization continues to adapt its protocols to align with current best practices in pain management.

For more information about North American Spine and Pain?s clinical services or to learn about available pain management options, visit their official website.

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North American Spine and Pain Consultants - Cherry Hill

NASPAC Pain Management in Cherry Hill, NJ, specializes in providing comprehensive, patient-centered care for individuals experiencing chronic and acute pain.

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