

All In Solutions California Expands Family Support Program to Strengthen Recovery Outcomes

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SIMI VALLEY, CA - December 02, 2025 -
All In Solutions California has expanded its comprehensive family support program to address the growing recognition that addiction recovery success significantly increases when entire families participate in the healing process. The enhanced program, led by Dr. Alexandra Foglia, Director of Family Program and licensed expert in Marriage and Family Therapy, provides structured support services designed to rebuild relationships damaged by substance use disorders.

The expanded program represents a critical evolution in addiction treatment methodology, acknowledging that substance use disorders affect not only individuals but entire family systems. All In Solutions California in Simi Valley has developed this comprehensive approach to ensure families receive the education, tools, and ongoing support necessary to navigate the recovery journey alongside their loved ones.

"When families heal together, recovery is stronger. We guide loved ones to set boundaries, rebuild trust, and support their family member's recovery in a healthy, sustainable way," said Dr. Alexandra Foglia, Director of

Family Program, DMFT.

The family program operates as a free, comprehensive support service available to loved ones of patients enrolled in treatment. Weekly meetings provide a structured environment where families strained by drug and alcohol addiction work toward rebuilding healthier relationships. The curriculum-based approach combines educational components with hands-on engagement opportunities, ensuring participants gain practical skills for supporting recovery while maintaining their own well-being.

Michael Maddaloni of All In Solutions California emphasized the program's role in creating sustainable recovery outcomes. "Research consistently demonstrates that family involvement dramatically improves long-term recovery success rates. By integrating family therapy with our clinical services, we address the entire ecosystem affected by addiction, not just the individual patient," Maddaloni stated.

The program complements the facility's clinical care services, including cognitive behavioral therapy, dialectical behavior therapy, and group counseling offered through partial hospitalization and intensive outpatient settings. All In Solutions California outpatient programs incorporate family participation as a core component, recognizing that recovery extends beyond individual treatment to encompass relationship healing and family system restoration.

Participants in the family program receive guidance from licensed professionals trained in addiction and family dynamics. The curriculum addresses critical topics including understanding addiction as a disease, establishing healthy boundaries, effective communication strategies, and recognizing enabling behaviors. These educational components equip family members with knowledge essential for supporting their loved one's recovery journey while maintaining their own emotional health.

The program's flexibility accommodates various family situations and schedules, offering both in-person and virtual participation options. Support continues even after patients complete their primary treatment, with families welcomed to attend ongoing meetings as part of an extended recovery community throughout CA.

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All In Solutions California operates as a premier addiction treatment center specializing in evidence-based care for substance use and co-occurring mental health disorders. The organization as a whole offers a complete continuum of care including medical detoxification, residential treatment, partial hospitalization, and intensive outpatient programs. Additional specialty components include faith-based recovery options, trauma-focused treatment, and comprehensive alumni support services.
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All In Solutions California

All In Solutions California, along with sister facility All In Solutions Detox, provides a full continuum of addiction treatment services in Simi Valley. We offer detox, inpatient, and outpatient rehab programs designed to promote long-term sobriety.

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