

SlowFoodNation Launches New Matcha Green Tea Product

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SlowFoodNation, a health supplement company based in San Francisco, California, has announced the launch of their latest product, the Matcha Green Tea. Spokesperson Tom Wells states, "This green tea has a number of health benefits, and we are proud to announce its launch."

Matcha green tea is used mostly for its antioxidant properties, according to the company. It contains a concentration of antioxidants that are considered to be six times greater than that of goji berries, and 17 times greater than that of blueberries. There are a number of health claims, many of which still require research, but some health benefits have been noted.

Many consumers found Matcha green tea to be beneficial in their weight loss efforts. Recent studies published by the American Journal of Clinical Nutrition state that it helps to increase the rate at which fat is burned by as much as 25 percent during exercise. The studies also point to the green tea being capable of increasing the rate of thermogenesis during rest by as much as 10 percent.

Other studies showed that it contains catechins, an antioxidant that has been shown to be effective in

removing cancer-causing free radicals within the body, and that it contains more than 130 times the EGCG

found in regular green teas. Wells says, "It can also significantly lower cholesterol and improve circulation,

which can help to ward off heart attack and stroke. It contains many ingredients that are beneficial for the

heart and brain."

The company is currently offering the green tea in a powder form, which can be used in a number of different

ways. They state that studies prove the green tea product can be beneficial in many different ways, and that

customers have already begun providing their feedback since the product was launched just a short time ago.

The company offers a number of health and wellness supplements for sale through their website, as well as

general information about their products and the ingredients that they contain. Those interested in learning

more about the green tea product, or about SlowFoodNation in general, can visit them on their official website

at http://slowfoodnation.org/matcha-green-tea/.

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For more information about SlowFoodNation, contact the company here:SlowFoodNationTom

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SlowFoodNation

At SlowFoodNation we put the most popular Superfoods and Nootropics to the test to see if they really work or if it's all

hype!

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