

Integrative Health Miami Advances Wellness Through Innovative Functional Medicine Care

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MIAMI, FL - November 12, 2025 -
Integrative Health Miami maintains its commitment to patient-centered treatment for Florida residents seeking a functional medicine doctor in Miami.

Dr. Yeisel Barquin, a board-certified internal medicine physician, oversees the clinic, which integrates traditional medical knowledge with a functional medicine approach. The clinic, located at 2655 S Le Jeune Rd, Suite 902, focuses on preventive measures, lifestyle factors, and personalized treatment programs created in conjunction with patients to enhance overall health.

Dr. Barquin is an Institute for Functional Medicine (IFM)?Certified Practitioner (2024) and IFM member, underscoring the clinic?s commitment to evidence-informed functional medicine within a conventional medical framework. As a member of this respected network, Dr. Barquin aims to continue to improve the practice of functional medicine in Florida.

Functional medicine is gaining recognition for its focus on how genetics, the environment, and lifestyle affect health. It is designed to supplement, not replace, traditional medicine. This approach typically involves evaluating nutrition, exercise, stress management, sleep quality, and environmental exposures in addition to traditional diagnostic assessments. Patients who pursue functional medicine often seek a more comprehensive view of their health beyond symptom management alone.

Dr. Barquin and her colleagues work closely with each patient to create individualized care plans based on the patient?s specific health conditions, preferences, and goals. The clinic strives to assist patients by offering information, early detection measures, and continued involvement in their healthcare journey.

Integrative Health Miami provides a wide range of services to meet a variety of healthcare requirements. Women's health treatments include help with hormonal balance, reproductive health, and menopause management. Men's health programs focus on physical, mental, and emotional fitness. Weight management programs promote long-term lifestyle practices that are suited to each individual's needs. Behavioral health services address the link between mental and physical health.

In addition to these programs, Integrative Health Miami also provides physician-supervised peptide therapy, provided in accordance with applicable federal and Florida regulations; in some cases, this may involve FDA-approved medications, alongside internal medicine consultations, obesity and weight loss treatments, and executive medicine. Beyond Miami, FL, Integrative Health Miami serves several other areas in Florida, including Aventura, Coconut Grove, Coral Gables, Fort Lauderdale, Key Biscayne, Miami Beach, Pinecrest, and South Miami.

Integrative Health Miami offers in-person and remote consultations, making it accessible to both local patients in Miami and those throughout Florida. Executive Medicine offers comprehensive, time-efficient evaluations and ongoing care, with flexible scheduling for busy professionals.

Many patients in Miami recognize Dr. Barquin for her thorough and attentive approach, which involves reviewing clinical information alongside lifestyle factors such as diet, stress, sleep, and environmental influences. The clinic?s foremost goal is to equip patients with the knowledge and resources needed for their health management.

The rise in interest in functional medicine reflects a broader nationwide trend toward preventive and holistic care models. Florida law does not formally recognize functional medicine as a medical specialty. However, licensed physicians like Dr. Barquin may integrate functional medicine approaches within their scope of practice, so long as treatments remain medically appropriate and prioritize patient safety.

Integrative Health Miami positions itself as a medical home for both routine and complex care needs,

emphasizing long-term monitoring, prevention, and coordinated treatment. By addressing lifestyle and clinical factors together, the practice supports a comprehensive picture of health that patients can apply in their daily lives.

The clinic is located at 2655 S Le Jeune Rd, Suite 902, Miami, FL 33134. To schedule appointments, call Integrative Health Miami at (305) 456-6026 or visit https://integrativehealthmiami.com.

About Integrative Health Miami
Integrative Health Miami is a comprehensive medical clinic led by Dr. Yeisel Barquin. The clinic focuses on functional medicine and preventive care, providing patients with personalized treatment plans that address underlying health factors and long-term well-being.

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For more information about Integrative Health Miami, contact the company here:Integrative Health MiamiDr. Yeisel Barquin(305) 456-6026drbarquin@eudaimoniamiami.com2655 S Le Jeune Rd #902, Miami, FL 33134, United States

Integrative Health Miami

Dr. Yeisel Barquin of Integrative Health Miami is a board-certified Internal Medicine physician who offers a personalized

holistic health approach.

Website: https://integrativehealthmiami.com/

Email: drbarquin@eudaimoniamiami.com

Phone: (305) 456-6026

