



## **KEGE Center for ADHD Expands Access to Gold Standard ADHD Evaluations**

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KEGE Center for ADHD has announced that its signature Gold Standard ADHD Evaluation service is now available to patients across additional locations in Arizona. The expansion brings one of the state's most comprehensive ADHD evaluation programs to a wider population through both in-office appointments and virtual consultations.

The announcement marks an important milestone in the KEGE Center's mission to make evidence-based ADHD care accessible to individuals and families who have long faced barriers to accurate diagnosis. As rates of ADHD diagnosis continue to rise nationally, demand for specialized providers has outpaced availability, particularly in areas outside major metropolitan centers. KEGE's new service rollout aims to address that gap by extending its clinically rigorous evaluation process to residents in Phoenix, Tempe, Scottsdale, Peoria, and surrounding communities.

Founded by Keith Getic, MSN, PMHNP-BC, a board-certified psychiatric nurse practitioner with specialized ADHD training, KEGE Center for ADHD is known for its comprehensive 90-minute evaluation method. The approach integrates multiple validated diagnostic tools, collateral information, and clinical interviews designed

to capture a full picture of how ADHD affects attention, behavior, and daily functioning.

"Our Gold Standard Evaluation process represents the level of thoroughness every patient deserves," said Keith Getic, MSN, PMHNP-BC. "It's not a five-minute screening or a quick questionnaire. It's a structured, evidence-based process that considers each individual's full history and lived experience. This expansion allows us to bring that quality of assessment to more families throughout Arizona."

The KEGE Gold Standard ADHD Evaluation is built on guidelines from the American Psychiatric Association (APA) and the American Academy of Pediatrics (AAP). Each assessment includes standardized rating scales, structured interviews, and input from family members or educators when appropriate. By gathering information from multiple sources, KEGE providers ensure that symptoms are evaluated in different settings, an essential component for diagnostic accuracy.

This method stands apart from the brief computerized screenings sometimes used in general psychiatry or primary care settings. Research has shown that single-modality testing often fails to detect co-occurring conditions that may mimic or mask ADHD symptoms. KEGE Center's process incorporates validated instruments such as the ASRS, VADRS, and DASS-21, which allow providers to screen for overlapping challenges such as anxiety, depression, and mood dysregulation. The result is a more accurate diagnosis and a clearer foundation for next-step treatment planning.

The expansion also aligns with KEGE's ongoing investment in accessible telehealth systems. Patients in outlying communities can now complete every stage of the ADHD evaluation from intake to results review through secure virtual sessions supported by the center's ADHD-friendly digital platform, KEGE Connect. The system simplifies scheduling, medication refill requests, and communication between patients and providers, reducing friction for those managing symptoms of distraction or executive difficulty.

For families of children, KEGE's evaluation model includes KEGE Bridge, a secure feedback system that enables teachers to contribute behavioral observations directly from the classroom. The process takes under two minutes to complete, ensuring timely input without adding administrative burden to educators. This integration has significantly improved diagnostic precision for school-age patients and allows providers to make informed recommendations for academic accommodations such as Individualized Education Programs (IEPs) or 504 Plans.

The availability of KEGE's evaluation service in new areas reflects growing recognition of the importance of specialized ADHD care. Unlike general psychiatric evaluations, KEGE's assessments are tailored exclusively for ADHD and related attention conditions, providing greater clarity for patients who have previously struggled with unclear or conflicting diagnoses.

“Many patients come to us after years of uncertainty,” Keith Getic, MSN, PMHNP-BC explained. “They’ve seen multiple providers and have tried different approaches without understanding why progress feels inconsistent. Our evaluation process is designed to give them answers that make sense and a roadmap for care that’s rooted in data.”

Feedback from patients and families continues to reinforce the value of this approach. Verified reviews describe the evaluations as “life-changing,” “thorough,” and “unrushed,” with many patients noting that they finally felt understood after decades of misdiagnosis. These reviews also highlight the professionalism and empathy of KEGE’s board-certified providers, who take time to explain each step of the diagnostic process and collaborate on care plans once results are complete.

Beyond diagnosis, KEGE Center’s clinical team provides ongoing medication management and coordinates referrals to trusted therapists when counseling is recommended. This continuity of care model helps patients maintain progress after their initial evaluation and ensures consistent communication between all professionals involved in their care.

The decision to expand the availability of the Gold Standard ADHD Evaluation comes in response to increasing statewide demand for structured, evidence-based psychiatric assessment. Many Arizona residents have faced long wait times for ADHD testing or received limited evaluations that do not fully assess comorbidities. By extending service areas, KEGE aims to make thorough, measurement-based ADHD evaluation accessible within weeks rather than months.

Each evaluation is conducted by a board-certified psychiatric nurse practitioner trained in lifespan ADHD assessment for children, adolescents, and adults. The practice emphasizes collaboration, clinical accuracy, and respect for the lived experience of ADHD principles reflected throughout KEGE’s mission and operational model.

“The goal has always been to make precision ADHD care the standard, not the exception,” said Keith Getic, MSN, PMHNP-BC. “Whether someone lives in Gilbert, Scottsdale, or a more rural part of Arizona, they deserve access to care that meets clinical guidelines and treats their time with respect. This expansion is one more step toward that commitment.”

By making its Gold Standard ADHD Evaluation service available to more Arizona residents, KEGE Center continues its role as a leading authority in specialized ADHD diagnosis and care coordination. The expansion reaffirms the practice’s commitment to both scientific integrity and patient-centered care, offering individuals and families a reliable path toward clarity, stability, and improved daily functioning.

KEGE Center for ADHD is a psychiatric practice specializing in ADHD evaluation, medication management,

and coordinated care for patients across Arizona. All providers are board-certified psychiatric nurse practitioners with advanced ADHD training. The practice is recognized for its Gold Standard 90-minute evaluations, validated diagnostic tools, and its ongoing use of Measurement-Based Care to ensure continued progress and accountability in every treatment plan.

For more information about the KEGE Center for ADHD or to schedule an ADHD evaluation, visit the KEGE Center for ADHD website to learn more about in-office and statewide telehealth options.

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For more information about KEGE Center for ADHD, contact the company here: KEGE Center for ADHD Keith Getic (480) 605-4400 info@kegecenter.com 1760 E Pecos Rd Ste 338 Gilbert, AZ 85295

## **KEGE Center for ADHD**

*KEGE Center for ADHD in Gilbert delivers expert, evidence-based mental health care for ADHD and related conditions across Arizona.*

Website: <https://kegecenter.com>

Email: [info@kegecenter.com](mailto:info@kegecenter.com)

Phone: (480) 605-4400

