KEGE Center for ADHD Introduces Structured Medication Management for Ongoing ADHD Care

November 20, 2025

GILBERT, AZ - November 20, 2025 -
KEGE Center for ADHD has announced the availability of its structured Medication Management service for individuals seeking ongoing support following ADHD evaluation and diagnosis. The new offering formalizes the center?s long-standing commitment to continuity of care by combining clinical monitoring, patient collaboration, and data-driven follow-up to ensure optimal treatment outcomes.

This service expansion reflects KEGE Center?s belief that effective ADHD care extends beyond diagnosis. For many patients, the greatest challenge begins after evaluation when daily medication use, side effect management, and lifestyle integration require careful oversight. The structured Medication Management service was designed to address these needs with the same level of thoroughness that defines the center?s Gold Standard ADHD Evaluations.

Founded by Keith Getic, MSN, PMHNP-BC, a board-certified psychiatric nurse practitioner with specialized ADHD training, KEGE Center for ADHD has built a reputation for accuracy, empathy, and clinical rigor. The addition of this dedicated medication management program ensures that patients across Arizona continue to receive care informed by measurement-based outcomes and ongoing communication.

?Medication management is not just about prescribing it?s about partnership,? said Keith Getic, MSN, PMHNP-BC. ?Every patient deserves a clear, safe, and transparent process. We take time to monitor how each treatment works, what adjustments may be needed, and how the patient is functioning in real life. This structure gives people confidence that their progress is being guided by data, not trial and error.?

The new Medication Management service is built upon Measurement-Based Care (MBC) principles. Each follow-up visit includes standardized rating scales and progress tracking to evaluate symptom improvement and functional outcomes. This data allows providers to make evidence-informed dosage adjustments or explore alternative options when necessary. Patients can review these results directly through KEGE Connect, the center?s ADHD-friendly digital portal, which organizes follow-up tasks into simple steps and allows secure messaging between visits.

Unlike many general psychiatry practices where follow-ups are brief and infrequent, KEGE Center?s model ensures that patients have sufficient time to discuss their experience with medication, including effectiveness, tolerability, and practical challenges such as timing or duration of benefit. Providers also review sleep, appetite, and mood changes to ensure that treatment remains balanced and sustainable.

All providers at KEGE Center are board-certified psychiatric nurse practitioners trained specifically in ADHD pharmacology across the lifespan. Their expertise includes understanding how stimulants and non-stimulants interact with co-occurring conditions like anxiety, depression, or sleep disorders ensuring that each medication plan is individualized and clinically appropriate.

In addition to regular in-person visits, the Medication Management service is fully available through virtual appointments statewide. Patients can attend follow-up sessions remotely, receive prescription renewals, and review treatment progress through the secure online platform. This system has proven especially valuable for college students, parents, and professionals managing complex schedules.

One patient described the difference in a verified review, writing, ?For the first time, my provider explained every option in detail and helped me find the right balance. The follow-up process was consistent and supportive.? Another reviewer shared, ?They didn?t just prescribe something and disappear. Each visit built on the last, and I finally felt in control.?

These testimonials reflect the center?s emphasis on collaboration and education. Patients are encouraged to ask questions, share feedback, and take part in decision-making at every stage. When additional counseling or behavioral therapy is beneficial, KEGE providers coordinate referrals to trusted outside therapists while continuing to manage the medical aspects of ADHD care.

The structured follow-up process also reduces risks associated with unmanaged medication adjustments. Regular monitoring ensures that doses remain effective without producing unwanted side effects, while ongoing assessment supports adherence and overall well-being. KEGE?s approach aligns with recommendations from leading psychiatric associations that emphasize continuity and accountability as essential components of responsible prescribing.

?Medication can be a powerful tool when used correctly, but it must be guided by careful evaluation,? said Keith Getic, MSN, PMHNP-BC. ?Our role is to ensure that treatment works for the individual not just on paper, but in their day-to-day life. By combining data with genuine listening, we help patients achieve stability and improvement that lasts.?

The Medication Management service reinforces KEGE Center?s broader mission to deliver ADHD care that is comprehensive, compassionate, and evidence-based. The introduction of this structured program ensures that patients who complete their diagnostic evaluation have access to consistent follow-up and professional oversight. It also supports individuals transferring from other providers who seek a more coordinated, measurement-based approach to ongoing care.

The addition of this service arrives at a time when many patients report difficulty accessing consistent ADHD medication monitoring. Long wait times, fragmented communication, and inconsistent follow-ups have left some individuals managing prescriptions without adequate clinical support. KEGE?s structured model aims to change that by offering continuity through both in-person and telehealth pathways.

With this development, KEGE Center continues to strengthen its integrated care model. The combination of comprehensive evaluation, data-supported follow-up, and personalized medication management positions the practice as one of the few in Arizona specializing exclusively in ADHD across the lifespan.

?Every stage of care should reflect accuracy, accountability, and respect for the patient?s experience,? Keith Getic, MSN, PMHNP-BC added. ?This new program brings structure to the part of ADHD treatment that often feels uncertain for people. Our goal is to make ongoing care both clinically effective and approachable.?

Through this program, patients gain not only access to expert prescribing but also the reassurance that progress is measured and communication remains open. Each visit builds upon the last, forming a continuous partnership between patient and provider that promotes safety, stability, and measurable improvement.

KEGE Center for ADHD is a psychiatric practice specializing in ADHD evaluation, medication management, and coordinated care for patients across Arizona. All providers are board-certified psychiatric nurse practitioners with advanced ADHD training. The practice is recognized for its Gold Standard 90-minute

evaluations, validated diagnostic tools, and its ongoing use of Measurement-Based Care to ensure continued progress and accountability in every treatment plan.

For more information about KEGE Center for ADHD or to schedule an appointment for medication management, visit the KEGE Center for ADHD website to learn more about in-office and statewide telehealth options.

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KEGE Center for ADHD

KEGE Center for ADHD in Gilbert delivers expert, evidence-based mental health care for ADHD and related conditions across Arizona.

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