H. Frances Reaves, Esq. Celebrates Successful Book Signing for "Boomers Booming: How to Thrive After Sixty Five"

November 25, 2025

KEY BISCAYNE, FL - November 25, 2025 -

Parent Your Parents, a distinguished elder law firm based in Key Biscayne and serving the greater Miami area, hosted a book signing event on November 10, 2025, for founding attorney H. Frances Reaves? new book on positive aging, "Boomers Booming: How to Thrive After Sixty Five." The intimate evening event, held at the Novecento restaurant in Key Biscayne, brought together Baby Boomers, community leaders, and aging advocates for an engaging conversation about reimagining life after sixty-five.

The event featured a dynamic conversation between author Frances Reaves and Alejandro Servalli, offering attendees an opportunity to meet the author, enjoy personalized book signings, and participate in meaningful discussions about aging with vitality, purpose, and joy. Guests enjoyed an evening filled with compelling stories, refreshments, and the chance to connect with others navigating the opportunities and challenges of later life.

Published in October 2024, "Boomers Booming: How to Thrive After Sixty Five" takes a positive approach to aging that differs from many traditional guides. Rather than focusing on decline, medical concerns, or the difficulties of growing older, Reaves offers Baby Boomers and succeeding generations a refreshingly positive perspective on what it means to live fully after sixty. The book's central philosophy validates what many of today's Boomers already feel: that sixty-five is the new forty, and that the later chapters of life can be filled with unprecedented freedom, adventure, and possibility.

"There is no discussion on ?how to die,? the focus is on how to live," Reaves explains. Reaves notes that for too long, seniors have been treated as ?second-class citizens,? defined by limitations rather than wisdom. With this book, she set out to celebrate the knowledge, experience, and vitality that come with age while still addressing the real challenges our aging population faces.

Unlike conventional aging guides focused on dementia, family caregiving, or medical management, "Boomers Booming" takes an empowering approach that treats older adults as the wise, experienced individuals they are. The book draws on research and real-life examples to educate, motivate, and present opportunities for readers to live life on their own terms. Reaves celebrates the freedom that comes when the last child leaves home and the pets are gone, encouraging readers to embrace this new chapter with enthusiasm rather than resignation.

The book tackles subjects often considered taboo in aging literature, including sexuality in later life, which Reaves addresses with both specific guidance and humor. Inspired by her own three-year journey caring for her parents at the end of their lives, the book also serves as an advocacy tool, exposing how the "senior industry" frequently takes advantage of older adults? lack of information and resources.

H. Frances Reaves brings a strong background in law and elder advocacy to this conversation. She founded Parent Your Parents, an elder law firm based in Key Biscayne that serves Miami, Pinecrest, South Miami, Coral Gables, Coconut Grove, and surrounding Florida communities. Through her work in elder law, Medicaid planning, estate planning, and elder abuse prevention, she provides legal guidance that helps older adults and their families understand their options and protect their rights and interests.

"Boomers Booming: How to Thrive After Sixty Five" offers readers practical wisdom from the "old guard" through to the "2-minute warning of life," delivering an upbeat, motivational roadmap for living with purpose, dignity, and joy in the later decades.

For more information about "Boomers Booming: How to Thrive After Sixty Five," future events, or Parent Your Parents' legal services, please visit https://parentyourparents.com/ or contact info@parentyourparents.com.

About Parent Your Parents

Parent Your Parents is an elder law firm based in Key Biscayne and founded by H. Frances Reaves, Esq. The firm serves Miami and the surrounding Florida communities.

The team helps families navigate the legal aspects of medical, financial, and emotional issues that arise when caring for aging parents and spouses. Their work focuses on elder law advocacy, Medicaid planning, estate planning, probate, and matters involving elder abuse prevention.

###

For more information about Parent Your Parents, contact the company here:Parent Your ParentsH. Frances Reaves786-418-3303info@parentyourparents.com200 Crandon Blvd Ste 360 Key Biscayne, FL 33149-1511

Parent Your Parents

Parent Your Parents helps families access available benefits and resources while protecting elders from exploitation. They provide personalized advice on care needs, living arrangements, legal and financial matters, and more.

Website: https://parentyourparents.com/

Email: info@parentyourparents.com

Phone: 786-418-3303