

Highland Longevity Expands Advanced Facial Spa Services to Meet Growing Demand

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Highland Longevity, a medical spa and concierge wellness center, has expanded its facial spa services to address increasing demand for professional skin wellness treatments in the Fort Worth area. The expansion includes enhanced availability of the company's signature Tixel Skin Resurfacing technology and other non-invasive facial treatments designed to improve skin health and appearance.

The expanded service offerings come as more individuals seek safe, medically supervised alternatives to traditional cosmetic procedures. Highland Longevity in Fort Worth has responded by increasing appointment availability and extending its range of customizable facial treatments that combine medical expertise with spa-level comfort.

"The demand for professional skin wellness treatments has grown significantly as people become more educated about the importance of preventive skin care and non-invasive rejuvenation options," said Dr. Joshua Lindsley, from Highland Longevity. "Our expansion allows us to serve more clients while maintaining

the personalized attention and medical oversight that sets our treatments apart from traditional spa services."

The facility's Tixel Skin Resurfacing treatment represents a key component of the expanded services. This thermo-mechanical ablation technology delivers controlled heat to stimulate natural collagen production, resulting in improved skin texture and tone without the extended downtime associated with more aggressive procedures. The treatment addresses various skin concerns, including fine lines, uneven texture, and age-related changes.

Beyond facial treatments, Highland Longevity maintains a comprehensive approach to wellness that includes hormone optimization, weight management programs featuring DEXA body composition scanning, and IV nutrient therapy. This integrated model allows the center to address skin health as part of overall wellness, recognizing the connection between internal health and external appearance.

The expansion reflects broader trends in the medical spa industry, where consumers increasingly prefer establishments that combine medical expertise with aesthetic services. Professional oversight ensures treatments are both safe and effective, while the spa environment provides a comfortable, relaxing experience for clients.

"Skin health is an integral part of overall wellness, and our clients appreciate having access to medical-grade treatments in a setting that prioritizes both results and comfort," added Dr. Lindsley. "The expansion of our facial services allows us to better serve the Fort Worth community with evidence-based treatments that deliver measurable improvements."

Highland Longevity operates from its Fort Worth location, offering services Monday through Saturday. The center maintains a 4.8-star rating based on client reviews, with particular recognition for its attentive staff and quality of care. The facility combines advanced diagnostic tools with therapeutic treatments, providing clients with data-driven approaches to health and aesthetic goals.

The medical spa industry continues to evolve as technology advances and consumer preferences shift toward preventive care and minimally invasive procedures. Highland Longevity's expansion positions the center to meet this growing demand while maintaining its focus on personalized, medically supervised treatments that prioritize both safety and results.

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Highland Longevity

Highland Longevity is a physician-led wellness clinic at Alliance Town Center serving Fort Worth, Keller, Southlake, Roanoke, Haslett, and greater Dallas. We provide medically supervised weight loss, hormone optimization, and evidence-based longevity.

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