Karli K Counseling Reaffirms Commitment to Accessible Sex Therapy for Florida Clients

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ST. PETERSBURG, FL - December 01, 2025 -
Karli K Counseling, LLC, a sex-positive and trauma-informed therapy practice based in St. Petersburg, Florida, has reaffirmed its commitment to making sex therapy accessible to clients across the state, including those in Riverview, Pinellas Park, Seminole, and Brandon. Led by AASECT Certified Sex Therapist Karli Kucko, LPC, CST, the practice continues to provide individuals and couples with specialized therapy that helps address intimacy challenges, rebuild emotional connection, and support personal growth through a compassionate and evidence-based approach.

As part of its ongoing mission, Karli K Counseling remains dedicated to ensuring that inclusive, affirming care is available to people throughout Florida. The practice offers a full range of therapy services, including sex therapy, therapy for low libido, therapy for performance issues, kink and queer-positive sex therapy, and couples therapy for desire discrepancy. With a focus on accessibility and professional care, Karli K Counseling continues to create a safe environment for clients seeking help navigating complex emotional and sexual experiences.

Sex therapy at Karli K Counseling is designed to help people understand and overcome issues related to

desire, pleasure, and emotional intimacy. The work often begins with helping clients identify underlying factors such as stress, trauma, or unspoken fears that affect their sexual and relational well-being. Sessions focus on exploring these experiences with curiosity and respect, allowing clients to move toward a deeper sense of self-understanding and connection. The therapy is not prescriptive, but rather collaborative, with the client?s goals and pace shaping the process.

Therapy for low libido addresses one of the most common concerns that affect couples and individuals alike. The approach combines compassionate conversation with gentle education, helping clients understand how desire naturally fluctuates and how to rebuild intimacy without pressure. Many clients come to therapy feeling uncertain or ashamed about changes in their sexual desire. Through supportive dialogue, the therapy helps reduce self-blame and encourages openness between partners, reinforcing the idea that healing begins with understanding rather than judgment.

Therapy for performance issues provides a space for men and people of all gender identities to explore challenges such as erectile difficulties, orgasm struggles, or anxiety during intimacy. These experiences are often influenced by stress, cultural expectations, or emotional disconnection rather than physical dysfunction alone. Sessions encourage clients to examine the thoughts and emotions that arise during sexual experiences and to cultivate confidence and comfort with their bodies. The work is grounded in the belief that pleasure and connection can be reclaimed through awareness, trust, and communication.

Karli K Counseling is also known for its kink and queer-positive sex therapy, offering affirming care for individuals and couples whose identities or preferences fall outside traditional norms. This therapy recognizes the importance of inclusivity and the need for spaces where clients can discuss their experiences without fear of stigma or misunderstanding. The practice welcomes people from diverse backgrounds and orientations, including those exploring polyamory, BDSM, or nontraditional relationship structures. By creating a supportive, knowledgeable environment, clients can address issues of consent, communication, and fulfillment with confidence and respect.

Couples therapy for desire discrepancy focuses on helping partners navigate differences in sexual desire, which can often lead to misunderstanding and distance. Many couples experience these differences as a source of tension or self-doubt. Therapy offers tools for communicating more effectively, developing empathy, and finding ways to reconnect emotionally and physically. Sessions highlight that desire differences are common and that intimacy can be restored through curiosity, compassion, and shared effort.

Speaking about the practice?s ongoing work, Karli Kucko, LPC, CST, said,

?Many people want to feel closer to themselves and their partners but don?t know where to begin,? Kucko said. ?Our continued focus is on providing therapy that makes that exploration possible, helping clients

access support that respects their individuality and honors their unique stories.?

Karli K Counseling?s approach reflects an enduring effort to make specialized sex therapy accessible throughout Florida. The practice operates through secure telehealth sessions, ensuring clients across the state can connect from the comfort and privacy of their own space. This model allows individuals and couples to receive professional guidance without barriers of geography, transportation, or stigma.

The practice?s foundation is built on trauma-informed and evidence-based care. Kucko is trained in EMDR (Eye Movement Desensitization and Reprocessing) and the Gottman Method for couples therapy, both of which inform her integrative approach. Her work combines scientific understanding with intuition and empathy, allowing her to meet clients where they are and guide them toward meaningful change.

In keeping with its mission, Karli K Counseling maintains a commitment to inclusivity and ethical care. The practice?s language, methods, and structure are designed to affirm diverse identities, reduce shame, and empower clients to cultivate healthy, sustainable relationships. Each session emphasizes emotional safety, consent, and connection as essential components of sexual well-being.

As awareness of mental and sexual health continues to grow, accessible therapy services like these play an increasingly important role in helping individuals and couples live more connected and fulfilling lives. By continuing to serve clients in Riverview, Pinellas Park, Seminole, and Brandon, Karli K Counseling strengthens its ability to reach people seeking qualified, affirming professionals who understand the importance of safety, respect, and trust in the therapeutic process.

Karli K Counseling is a sex-positive, trauma-informed therapy practice based in St. Petersburg, Florida. Founded by AASECT Certified Sex Therapist Karli Kucko, LPC, CST, the practice provides therapy for intimacy concerns, low desire, performance anxiety, and desire discrepancies in relationships. Kucko is trained in EMDR trauma therapy and the Gottman Method and offers online sessions to clients throughout Florida. The practice is rooted in empathy, inclusivity, and the belief that healing begins with understanding and connection.

For more information, visit www.karlikcounseling.com.

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For more information about Karli K Counseling, contact the company here:Karli K Counseling, LLCKarli Kucko(813) 252-0656karli@karlikcounseling.comSt Petersburg, Florida

Karli K Counseling

Karli K Counseling provides therapy for mismatched desire, painful sex, erectile challenges, and emotional intimacy with a direct, empathetic, and inclusive approach tailored to support each client?s unique experiences and relationship goals.

Website: http://karlikcounseling.com

Email: karli@karlikcounseling.com

Phone: (813) 252-0656