

Penn Chiropractic Centre Celebrates 24 Years of Chiropractic Care

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JACKSON, MI - December 08, 2025 -
Penn Chiropractic Centre marks 24 years of providing chiropractic care to the Jackson, MI community. This anniversary highlights the practice's dedication to holistic health through personalized treatment plans. Led by Dr. Randolph Penn, the center addresses neurological interference to support the body's natural healing processes.

The practice has operated in Jackson, MI, since its founding, serving patients with a focus on individualized care. Dr. Randolph Penn brings experience in sports chiropractic, having worked with athletes at professional, college, high school, and youth levels. His position on the PGA Tour medical staff underscores the center's expertise in performance optimization and injury management. Treatments aim to remove interference from physical, chemical, or emotional sources through adjustments to the spine and other systems.

Penn Chiropractic Centre offers services including chiropractic adjustments, nutritional guidance, and

rehabilitation for personal injuries. The center provides deep-tissue laser therapy, which some scientific studies suggest may help reduce inflammation and promote tissue repair, although individual results vary and clinical consensus on its efficacy remains mixed. Pulsed electromagnetic field therapy is also available, with research indicating potential benefits for cellular function and regeneration. Screenings for spine and posture issues aid in early detection, complemented by lifestyle advice on exercise and habits to promote long-term wellness.

Initial appointments include reviews of medical history and goals to develop tailored plans. Patients may notice improvements after the first adjustment, but results vary and multiple sessions are often needed. The center maintains open communication to adjust treatments based on progress.

"Chiropractic care targets neurological interference to facilitate the body's inherent healing ability," said Dr. Randolph Penn, owner of Penn Chiropractic Centre. "Combining adjustments with supportive therapies helps patients pursue health objectives, with approaches informed by research."

The practice incorporates modalities to address needs ranging from injury recovery to general wellness maintenance. Nutritional recommendations enhance physical treatments, while non-invasive options like laser and electromagnetic therapies draw from studies on tissue modulation.

Specialized care extends to concussions, where adjustments align the head and neck to alleviate symptoms from sports, accidents, or falls. BrainTap therapy uses neuro-algorithms to guide brainwave patterns for relaxation and focus, supported by neuroscience for managing stress and sleep.

Sports rehabilitation serves athletes through manual manipulation, massage, and stretching to restore balance and address acute or chronic injuries. For personal injuries from various sources, the center promotes healing and mobility with techniques that target root causes and preventive exercises. Joint pain management involves examinations and adjustments to reduce discomfort and improve motion, suitable for conditions like arthritis. Stress disorder treatments address physical effects such as tension, using adjustments and complementary recommendations to mitigate impacts.

The center positions chiropractic care as a natural alternative to traditional health care methods, emphasizing total body wellness beyond spinal adjustments alone. This approach integrates wellness technologies to support rehabilitation and daily function, drawing on Dr. Penn's training to help patients manage muscle tension or enhance overall vitality. Over the years, the practice has evolved to include these elements, reflecting a commitment to comprehensive care that aligns with patient histories and preferences.

"Incorporating research-based therapies allows for personalized support in patient wellness," added Dr. Randolph Penn.

Over 24 years, Penn Chiropractic Centre has adapted its patient-centered model to meet community health needs. This milestone reflects the practice's contribution to natural care options in Jackson, MI.

Penn Chiropractic Centre functions as a chiropractic practice in Jackson, MI, specializing in holistic methods. It helps patients achieve balance through adjustments, therapies, and guidance under Dr. Randolph Penn's leadership.

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Penn Chiropractic Centre

Dr. Penn is a leading chiropractor that has owned & operated a practice in Jackson, MI for 30+ years.

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