

Dentistry First Announces Introduction of Periodontal Treatment Service in Mooloolaba

December 10, 2025

Mooloolaba, QLD - December 10, 2025 - PRESSADVANTAGE -

Dentistry First has announced the introduction of specialised periodontal treatment services at its Mooloolaba clinic. This development aims to improve access to preventive and therapeutic care for patients experiencing gum-related conditions across the Sunshine Coast and nearby regions. The initiative aligns with the clinic's ongoing focus on early intervention and long-term oral health management.

The periodontal service will support individuals affected by gum inflammation, bleeding and advanced gum disease, conditions that can lead to tooth loss if not managed properly. Through advanced diagnostic tools and clinical techniques, the practice will address both early-stage gingivitis and more complex cases of periodontitis. According to Dentistry First, the introduction of this service follows a steady increase in public awareness about the connection between gum health and overall well-being.

The treatment process is structured around evidence-based care. Patients will undergo a detailed assessment, including charting, pocket depth measurement and diagnostic imaging when required. Treatment plans may involve deep cleaning procedures such as scaling and root planing, followed by ongoing maintenance visits. Each stage is guided by a focus on reducing inflammation, improving tissue health and preserving the natural dentition wherever possible.

Periodontal therapy has become an essential part of modern dental practice as research continues to highlight its link to systemic conditions. Studies have shown associations between periodontal disease and diabetes, cardiovascular illness and other inflammatory disorders. The new service offers patients an opportunity to manage these risks through regular dental care, improved hygiene habits and ongoing clinical support. Dentistry First's investment in this area reflects a growing recognition that oral health is a significant factor in general well-being.

Dr Jason Phan, lead clinician and prosthodontist at Dentistry First, emphasised that early detection plays a

central role in effective periodontal management. "Many people underestimate the seriousness of gum disease because it often progresses without pain," said Dr Jason Phan. "By offering dedicated periodontal services, we aim to help patients identify and treat issues early, preserving their teeth and supporting overall health outcomes."

The periodontal service also incorporates patient education as part of its structure. Each consultation includes guidance on home care practices, proper brushing techniques and the importance of regular professional cleaning. According to the clinic, this collaborative approach encourages individuals to take an active role in maintaining their oral health, which is vital for achieving lasting results.

Dentistry First's new program will be available to both existing and new patients. The clinic's dental professionals will coordinate treatment plans with referring practitioners and specialists when necessary to ensure continuity of care. The addition of this service expands the clinic's scope, complementing its restorative, cosmetic, and preventive offerings.

The launch of periodontal treatment comes as part of Dentistry First's broader initiative to provide more specialised dental care to the community. The clinic, located at 1/45 First Avenue in Mooloolaba, continues to serve residents from across the Sunshine Coast region, including nearby suburbs such as Caloundra, Buderim, and Kawana. Its team remains committed to maintaining high clinical standards through continuous professional development and the use of modern diagnostic technology.

Dentistry First advises that individuals who experience symptoms such as persistent gum bleeding, swelling, receding gum, or loose teeth should seek professional dental evaluation. These indicators can suggest the presence of periodontal disease, which can often be stabilised with timely treatment. With the new service now available, patients in the region have access to care designed to prevent progression and reduce long-term dental complications.

For Dentistry First, this addition represents another step in its commitment to advancing oral health outcomes for the Sunshine Coast community. By focusing on prevention and ongoing maintenance, the clinic aims to help patients achieve and maintain healthier smiles for years to come.

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Dentistry First

Led by Dr. Jason Phan, who holds a Master of Clinical Dentistry in Prosthodontics from King's College London, the clinic provides services such as dental check-ups, periodontal treatment, fillings, dentures, implants, and cosmetic dentistry.

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