

Pompano Beach Chiropractic Clinic Enhances Spinal Decompression Therapy

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POMPANO BEACH, FL - December 15, 2025 -
Pompano Beach Chiropractic Clinic announced an enhancement to its spinal decompression therapy program, reflecting recent updates to clinical protocols and equipment used within the practice. The enhancement applies to non-surgical spinal decompression services currently offered at the clinic and is intended to support consistent delivery of care within established chiropractic guidelines. The update was implemented as part of the clinic?s ongoing review of treatment systems and operational standards.

?The clinic periodically evaluates its therapeutic systems to ensure they are being used in a manner consistent with current clinical guidance and patient safety considerations,? said Dr. Jason Cheshire, chiropractor at Pompano Beach Chiropractic Clinic. ?This update allows decompression sessions to be delivered with greater consistency while remaining within established non-surgical care parameters.?

Spinal decompression therapy is a non-surgical treatment approach commonly used in chiropractic settings for certain spine-related conditions. The therapy uses motorized traction equipment to apply controlled

stretching forces to specific areas of the spine. These forces are designed to temporarily reduce pressure within spinal discs and surrounding structures.

Mechanical spinal decompression differs from manual traction methods in that treatment parameters are set and monitored through computerized systems. These systems regulate the amount of force, duration, and cycling applied during each session. The clinic reports that its decompression therapy is delivered using FDA-cleared decompression tables configured to monitor patient positioning and resistance throughout treatment.

According to the clinic, the recent enhancement focuses on standardized treatment protocols rather than the introduction of a new service. The decompression tables used at the clinic are designed to adjust traction forces incrementally and include safety features that respond to patient movement or muscle tension during sessions. Equipment maintenance and calibration are performed as part of routine clinical operations.

Non-surgical spinal decompression is often referenced as a conservative care option within chiropractic treatment plans. In many practices, decompression therapy is used alongside other modalities such as chiropractic adjustments, therapeutic exercise, and soft tissue techniques. The clinic notes that spinal decompression is incorporated into individualized care plans following examination and review of a patient?s medical history.

Conditions commonly addressed with spinal decompression therapy in chiropractic environments include disc herniation, disc bulge, degenerative disc changes, and nerve-related back or leg discomfort. In cases involving sciatic nerve irritation, decompression therapy may be used to address mechanical pressure associated with spinal structures. The clinic states that patient suitability for decompression therapy is determined through clinical evaluation and that the therapy is not recommended for all conditions.

Spinal decompression sessions at Pompano Beach Chiropractic Clinic typically last between 30 and 45 minutes. Patients remain fully clothed during treatment and are positioned on the decompression table while programmed traction cycles are applied and released. Treatment intensity is generally introduced gradually over multiple sessions, based on practitioner assessment.

The clinic reports that treatment plans involving spinal decompression are developed following an initial consultation and diagnostic review. Factors such as prior injuries, imaging findings, and response to previous conservative care are considered when determining whether decompression therapy is appropriate. This evaluative process is intended to ensure that therapy recommendations align with individual clinical presentations and established chiropractic standards.

Founded as a chiropractic care provider offering musculoskeletal services, Pompano Beach Chiropractic Clinic provides examinations, chiropractic adjustments, and adjunctive therapies within its practice scope. The clinic operates under applicable chiropractic licensure and regulatory requirements and maintains compliance with outpatient healthcare standards.

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For more information about Pompano Beach Chiropractic Clinic - Pompano Beach, FL, contact the company here:Pompano Beach Chiropractic Clinic - Pompano Beach, FLJason Cheshire(954) 943-1044audits@exceleratеconsulting.org4 NE 4th Ave,Pompano Beach, FL 33060

Pompano Beach Chiropractic Clinic - Pompano Beach, FL

Pompano Beach Chiropractic Clinic provides personalized chiropractic care to help patients find relief from pain and improve overall wellness.

Website: http://pompanochiro.com/

Email: audits@exceleratеconsulting.org

Phone: (954) 943-1044

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