



## Pompano Beach Chiropractic Clinic Expands Back Pain Care Protocols

*December 17, 2025*

POMPANO BEACH, FL - December 17, 2025 - PRESSADVANTAGE -

Pompano Beach Chiropractic Clinic announced the expansion of its clinical care protocols for patients experiencing back pain, reflecting updated assessment procedures and treatment workflows now in use at the practice. The clinic, operated by chiropractor Dr. Jason Cheshire, indicated that the update is intended to formalize how back pain cases are evaluated and managed within the office as patient demand for spine-related care continues to increase.

According to the clinic, the updated protocols apply to patients presenting with lower back pain, upper back discomfort, and nerve-related symptoms commonly associated with spinal dysfunction. The changes involve standardized evaluation steps, expanded use of diagnostic imaging when clinically appropriate, and the integration of multiple conservative treatment methods under a single care plan. These updates are now being applied during new patient visits and ongoing care appointments.

?The goal of refining these protocols is to ensure that each patient receives a consistent and thorough

evaluation before any treatment decisions are made," said Dr. Jason Cheshire, chiropractor at Pompano Beach Chiropractic Clinic. "Back pain can stem from different structural and functional factors, and a structured approach helps guide clinical decision-making."

Back pain remains one of the most common musculoskeletal complaints in the United States and is frequently associated with work limitations and reduced daily function. Clinical research has shown that spinal conditions often involve a combination of joint mechanics, muscle tension, and nervous system involvement. Chiropractic practices commonly focus on identifying mechanical contributors through physical examination and motion-based testing.

The expanded protocols at Pompano Beach Chiropractic Clinic begin with a detailed health history review followed by orthopedic and neurological screening procedures. Postural assessment, spinal range-of-motion testing, and palpation are used to identify areas of restricted movement or tissue sensitivity. When indicated, digital X-ray imaging is utilized to examine vertebral alignment and structural findings relevant to care planning.

Treatment plans developed under the updated framework may include chiropractic spinal adjustments, soft tissue techniques, decompression therapy, and guided movement instruction. The clinic reports that care plans are documented and reviewed at regular intervals to monitor patient response and adjust procedures as needed. All services are provided on an outpatient basis within the clinic's treatment facility.

Pompano Beach Chiropractic Clinic also noted that its equipment and treatment rooms support the revised protocols. The office utilizes adjustable chiropractic tables designed to accommodate different body positions and conditions. Instrument-assisted techniques are available when manual adjustments are not indicated, and therapeutic modalities may be incorporated based on examination findings.

Patient safety and documentation standards are incorporated into the updated protocols. Medical histories are reviewed prior to treatment, and clinical notes are maintained to track progress and any changes in symptoms or functional status. The clinic reports that patients are informed of examination findings and procedural steps before treatment is initiated.

The clinic, located at 4 NE 4th Ave, operates as a standalone chiropractic practice serving individuals with musculoskeletal concerns, including back-related conditions. Pompano Beach Chiropractic Clinic is overseen by Dr. Cheshire, who holds a Doctor of Chiropractic degree, expert back pain doctor and provides patient care within the scope of chiropractic practice.

In addition to clinical services, the clinic maintains educational resources addressing common spinal conditions and general information about chiropractic care. These materials are intended to explain

examination methods, conservative treatment options, and the role of spinal mechanics in musculoskeletal health. Additional information about the clinic is available through Pompano Beach Chiropractic Clinic at <https://pompanochiro.com>.

The clinic stated that the protocol expansion reflects ongoing operational adjustments rather than the introduction of a new product or procedure. Chiropractic care remains a regulated healthcare service, and treatment recommendations are based on individual assessments rather than standardized outcomes. Information about back-related services can be found at <https://pompanochiro.com/back-pain/>.

###

For more information about Pompano Beach Chiropractic Clinic - Pompano Beach, FL, contact the company here: Pompano Beach Chiropractic Clinic - Pompano Beach, FL Jason Cheshire (954) 943-1044 [audits@excelerateconsulting.org](mailto:audits@excelerateconsulting.org) 4 NE 4th Ave, Pompano Beach, FL 33060

### **Pompano Beach Chiropractic Clinic - Pompano Beach, FL**

*Pompano Beach Chiropractic Clinic provides personalized chiropractic care to help patients find relief from pain and improve overall wellness.*

Website: <http://pompanochiro.com/>

Email: [audits@excelerateconsulting.org](mailto:audits@excelerateconsulting.org)

Phone: (954) 943-1044

