

DRAGONFLY Medical and Behavioral Health Expands Access to Integrated Mental Health Care and Addiction Treatment Services

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JOHNSON CITY, TN - December 22, 2025 -
DRAGONFLY Medical and Behavioral Health continues to address the growing need for comprehensive addiction and mental health treatment in Tennessee by offering individualized intensive treatment plans that target both substance dependence and co-occurring mental health conditions. The outpatient facility provides a full spectrum of services including medically supervised detoxification, primary care, telehealth consultations, and group support programs.

The facility's approach recognizes that each patient's journey to recovery requires personalized attention. Treatment plans are specifically designed to address the underlying causes of addiction, whether stemming from chemical dependencies, other substances, or the psychological impact of prolonged substance use. This comprehensive methodology combines medical intervention with behavioral therapy to equip patients with effective coping strategies for long-term recovery.

"Recovery is not a one-size-fits-all process, and we understand that addressing both the physical and psychological aspects of addiction is crucial for lasting sobriety," said a spokesperson for DRAGONFLY

Medical and Behavioral Health. "Our integrated approach ensures that patients receive treatment for substance use disorders while simultaneously addressing any co-occurring mental health conditions such as depression, anxiety, or post-traumatic stress disorder."

The Johnson City suboxone clinic offers medication-assisted treatment as part of its comprehensive substance abuse program. This evidence-based approach combines FDA-approved medications with counseling and behavioral therapies to treat opioid use disorders. The facility's outpatient model allows patients to receive intensive treatment while maintaining their daily responsibilities, making recovery more accessible to those who cannot commit to residential treatment programs.

Group support sessions form a cornerstone of the treatment approach, with research indicating that peer support contributes to approximately half of all successful recovery outcomes. These sessions create a supportive environment where individuals can share experiences and learn from others facing similar challenges. The combination of individual therapy, group sessions, and medical supervision ensures patients never feel isolated during their recovery journey.

Telehealth services have expanded treatment accessibility, allowing patients to consult with healthcare professionals remotely through secure digital platforms. This service option has proven particularly valuable for patients with transportation challenges or those residing in underserved areas of Tennessee. Virtual appointments maintain the same quality of care as in-person visits while providing greater flexibility in scheduling and reducing barriers to consistent treatment.

For individuals seeking to learn more about substance abuse treatment options, the facility provides comprehensive assessments to determine the most appropriate level of care. The admissions team works closely with each patient to develop customized treatment plans that address specific needs and circumstances while exploring various payment options to ensure services remain accessible.

DRAGONFLY Medical and Behavioral Health operates as a private outpatient center specializing in adult mental health and addiction services. The facility maintains a multidisciplinary team of healthcare professionals trained in evidence-based treatment modalities. Services extend beyond addiction treatment to include primary care, routine health assessments, immunizations, and mental health counseling, creating a holistic approach to patient wellness. The center accepts multiple forms of payment and works with various insurance providers to maximize coverage for treatment services.

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Dragonfly Medical and Behavioral Health in Johnson City, TN offers primary care, substance abuse treatment, and counseling services. We welcome TennCare Medicaid and Virginia Medicaid patients. Visit our website for more information.

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